



Winter Recreation Guide

JANUARY *to* MARCH 2026



GET YOURS TODAY!
VALID FROM JANUARY 2-31 ONLY.



ENJOY 30 DAYS FOR \$30

INCLUDES: SINGLE SESSION SPORTS, SINGLE SESSION FITNESS, WEIGHT ROOM,
GAMES ROOM, FITNESS TRACK, & EARLY YEARS PLAYTIME

GET
ACTIVE
PASS

TIMMS COMMUNITY CENTRE

20399 DOUGLAS CRESCENT



Recreation, Culture & Community Services

ONLINE REGISTRATION
starting DEC 3

We acknowledge that the land on which we gather is the traditional unceded territory of the Katzie, Kwantlen, Matsqui and Semiahmoo First Nations.

HOW TO REGISTER:



ONLINE

langleycity.ca

- Click REGISTER ONLINE
- Pay by AMEX, MasterCard, Visa



PHONE

604.514.2940

- Pay by AMEX, MasterCard, Visa



IN PERSON

Timms Community Centre
20399 Douglas Crescent

NEW! REFUND POLICY: Effective for programs starting January 2026

For most registered programs, a full refund is available with at least 5 days' notice of withdrawal/transfer. If less than 5 days notice is received, a 10% withdraw fee will be charged. There will be no refund after the end of the second class.

Exceptions include:

Click **here** for details

- Daycamp
- Aquatic programs/lessons
- One-day programs
- Licensed preschool
- Single Session Fitness
- Gymnasium programs
- Admission passes
- Facility Rentals

PROGRAM CANCELLATIONS:

Some programs are cancelled due to insufficient enrollment. Should we cancel a program, your preference of a refund, credit on account, or enrollment in another available program will be made.

Please allow 3-4 weeks for processing a refund cheque.

Payments made by debit or cash will be refunded by cheque or account credit.



PARTNERSHIP PROGRAM: Program is brought to you in collaboration with a community partner.
Not eligible for Leisure Access Grants.

TRY IT

TRY IT CLASSES: Low cost trial program.
See page 11 for full details.

What's Inside

Click this symbol to go directly to the registration page



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Connect With Us



FACILITY HOLIDAY HOURS

DATE	TIMMS COMMUNITY CENTRE
Dec 24	6:00 am - 4:30 pm
Dec 25	CLOSED
Dec 26	CLOSED
Dec 27	8:00 am - 8:00 pm
Dec 28	8:00 am - 10:00 pm*
Dec 29	8:00 am - 8:00 pm
Dec 30	8:00 am - 8:00 pm
Dec 31	8:00 am - 2:30 pm
Jan 1	CLOSED
Feb 16	10:00 am - 3:00 pm

*Dec 28: Youth Night only 6:00 pm - 10:00 pm.

TIMMS COMMUNITY CENTRE

OFFICE HOURS

- Mon-Fri 6:00 am - 10:00 pm
- Saturdays 8:00 am - 9:30 pm*
- Sundays 8:00 am - 8:00 pm

*Phone only 6:00 pm-9:30 pm

GAMES ROOM HOURS

- Mon-Fri 8:30 am - 10:00 pm
- Saturdays 8:00 am - 5:30 pm
- Sundays 8:00 am - 8:00 pm

FITNESS TRACK HOURS

- Mon-Fri 6:00 am - 10:00 pm
- Saturdays 8:00 am - 6:00 pm
- Sundays 8:00 am - 8:00 pm



RECREATION SOCIAL MEDIA



Facebook



Instagram



langleycity.ca/parks-recreation
recreation@langleycity.ca



SIGN UP FOR OUR ENEWSLETTER

Get monthly recreation updates straight to your inbox.

Sign up **here** with your email address.



Douglas Recreation Centre Grand Re-opening

Preparations are underway to welcome the community to the newly renovated Douglas Recreation and Child Care Centre. This exciting renovation is making it possible to offer 72 new child care spaces, as well as community space for meetings, programming and events.

We are so excited for you to check out this newly renovated community space, thanks to funding from the Province of BC, Government of Canada and Langley City.

Stay tuned for the Grand Opening event, coming January 2026.

Mayor & Council

As your elected representatives, together with staff members, we strive to ensure that Langley City is the place to be! We make sure that the mix of programs in the Recreation Guide are fun to keep you active and engaged so there will be something to catch your interest.



Pictured left to right: Councillor Leith White, Councillor Rosemary Wallace, Councillor Mike Solyom, Mayor Nathan Pachal, Councillor Delaney Mack, Councillor Teri James, Councillor Paul Albrecht.



Sign up now to get monthly email updates

Find out about important updates, news, events and more!



SIGN UP FOR

MY CITY

Manage all your accounts in one place and set up email billing.

It's easy! Create a profile, register your accounts and access your information today. All you need is a bill or statement with your account number and access code.



USE MYCITY TO:

- View current & past billing history
- View your account payment history
- View utility consumption information
- Manage all of your accounts in one place including **taxes, utilities, dog, and business licenses.**
- Receive bills and statements by email.



ONLINE SERVICES



 MYCITY.LANGLEYCITY.CA

 TAX@LANGLEYCITY.CA

Financial Assistance



Leisure Access Grant

Langley City's Leisure Access Grant program is a subsidy program that provides an opportunity for residents with a limited income to participate in a variety of recreation activities.

In order to qualify, the applicant must be a resident of Langley City and meet one or more of the following criteria:

- Receive Income Assistance from the **Ministry of Social Development and Poverty Reduction** or assistance from the **Ministry for Children and Family Development**

- Have an annual income that is below the **Statistics Canada Low Income Guidelines**. Please see application form for qualifying income levels.

If approved, residents may choose one eligible program or pass per person, per season. Eligible programs are advertised in the Recreation Guide. Adults and seniors may choose to apply for a subsidized indoor pool pass (limited funding available). Applications can be made up to four (4) times per year (winter, spring, summer, fall). Application forms can be picked up at Timms Community Centre, or downloaded **here**.

For more information call **604.514.2940** or email **recreation@LangleyCity.ca**.

Other Funding



KIDSPORT LANGLEY

Kidsport aims to remove the financial obstacles that prevent some children in our community from participating in local sport. Individual grants of up to \$400 are awarded to children (18 years and under) who are residents of either Langley City or Township of Langley whose families cannot afford sport registration fees and would otherwise not be able to participate in the sport of their choosing.

Arts, Culture & Heritage

The Station Café

THE HUB FOR COMMUNITY CONNECTION

The Station Café is Langley City's newest community hub, offering fresh, locally sourced food, and engaging civic activities.

The Station Café was created by and for the community—developed with input from local residents, students, and organizations to serve as a safe, accessible, and welcoming space. Supported by funding from the Union of British Columbia Municipalities, the Café aims to enhance community connections and civic engagement.



Art Galleries at Timms Community Centre

THE WALKWAY GALLERY

The Langley Arts Council has four exhibition spaces throughout Langley and is facilitated in partnership with local, regional, and provincial community partners. In the City, the Walkway Gallery is located on the main floor of Timms Community Centre along the hallway walls as you head to the Fraser Valley Regional Library.

For more information, please visit Langleyarts.ca/aifs-online-galleries

Art in Found Spaces Schedule:

Nov 15-Jan 15	Masoud Habibyan Solo Exhibition
Jan 17-Mar 12	Art Rentals & Sales: Selected Works

A STEP ABOVE GALLERY

The Step Above Gallery is located on the second floor of Timms Community Centre which provides additional space to showcase the diverse talent in our community. To learn more about our art galleries, click [here](#).

A Step Above Gallery Schedule:

Dec 5-Jan 16	Langley Weaver & Spinners Guild <i>Submission open to guild only.</i>
Jan 16-Feb 27	70 Years of Langley City <i>Curated by Langley City</i>
Feb 27-Apr 10	Our Community <i>Submission Deadline: Feb 9</i>

THE LANGLEY ARTS COUNCIL'S HOLIDAY ARTISAN MARKET

At the Timms Community Centre

Shop local this season! Join the Langley Arts Council and the City of Langley at this year's Holiday Artisan Market at the Timms Community Centre. Artists, artisans, makers, food vendors and more!

Saturday, December 6th, from 10:00 - 5:00 pm and Sunday, December 7th, from 10:00 - 4:00 pm. Entry by donation.

HOLIDAY CLASSES AND WORKSHOPS, PRE-REGISTRATION REQUIRED.

Saturday, December 6, 2025

From 10:00 AM - 12:00 PM, register for a **Christmas Flower Design Workshop** with florist Sandra Taylor or the **Framed Horizon Watercolour Workshop** with artist Julie Epp

From 10:30 AM - 1:30 PM, register for a **Glass Mosaic Workshop** with artist Jessica Fairweather.

From 1:00 PM - 3:00 PM, register for a **Christmas Card Making Workshop** with artist Wendy Mould or the **Holiday Hues: Watercolour Workshop** with artist Eric Hotz.



SCAN TO REGISTER

Sunday, December 7, 2025

From 10:00 AM - 12:00 PM, register for **Holiday Hues: Watercolour workshop** with artist Eric Hotz.

From 10:30 AM - 1:30 PM, register for **Glass Mosaic Workshop** with artist Jessica Fairweather

From 1:00 PM - 3:00 PM, register for the **Christmas Flower Design Workshop** with florist Sandra Taylor, or the **Intro to Linocut Printmaking** with artist Molly Gray.

APPLY TO THE ARTS, RENTALS, AND SALES PROGRAM

The Langley Arts Council has launched a new Art Rentals and Sales Program. To learn more about the program, renting, and its benefits, visit: langleyarts.ca/ars

Artists interested in being a part of the program. We will be accepting applications on a rolling basis in 2026. Email galleries@langleyarts.ca for the application.

CALLS TO ARTISTS

Creating for Change

This is a free, open call for 2D artists.

Submission Deadline: Monday, January 5th, 2026

Exhibition Dates: January 24 - March 12, 2026

Link to apply: <https://langleyarts.ca/submit/cfc>

My Heritage

Free, open call to 2D and 3D artists

Submission Deadline: Thursday, February 5, 2026

Exhibition Dates: March 5th - April 27th 2026

Link to apply: <https://langleyarts.ca/submit/heritage>

Youth Exhibition and Visual Arts Prize-Winning Competition

Free, open call for 2D and 3D artists aged 14-29.

Submission Deadline: Wednesday, March 18th, 2026

Exhibition Dates: May 1st - June 15th, 2026

Link to apply: <https://langleyarts.ca/submit/youth>

**THE
LANGLEY
ARTS
COUNCIL**

(604) 534-0781

LANGLEYARTS.CA



PROGRAMMING WITH BARD IN THE VALLEY

Blood, Power, and Banter - All About BIV's Macbeth

Thursday, January 22nd, 2026, from 5:00 pm - 6:00 pm or Thursday, January 29th, 2026, from 5:00 pm - 6:00 pm, at the Langley Senior Resources Society

20605 51 B Ave, Langley, BC V3A 9H1,

www.tickettailor.com/events/bardinthevalley/1919898



Langley **Community Music** School

BRINGING MUSIC TO LIFE

Lessons & Classes for
All Ages & Levels

**Strings • Piano • Winds
Guitar • Bass • Percussion
Drums • Harp • Voice**

Register Today!



BRITISH COLUMBIA
ARTS COUNCIL



BRITISH
COLUMBIA

LANGLEYMUSIC.COM

604-534-2848 | 4899 207 STREET, LANGLEY, BC

TRY it

LOW COST TRIAL CLASSES

**EARLY YEARS
6M-18M**

From **January 19 - 25**, try something new! No strings attached!
Pre-register today before these classes fill up!
Limited spaces available.

How it works:

With our Try It programs, you can test out activities in a fun, no-obligation format. Whether you're testing out a new hobby, seeing if a class is the right fit, or just looking to shake up your routine, these short, low-commitment sessions make it easy -and fun- to try something new.

1. Register for a Try It program
2. **If you like it and decide to register in the full program**, your Try-It fee will be applied to the program, essentially making it free!

JANUARY 20

10:45 am-11:30 am
BABY & ME
MUSIC & PLAY
6M-18M
#49155
1/\$9.25



LOW COST TRIAL CLASSES
CHILDREN
4Y-5Y

TRY it

JANUARY 19	JANUARY 20	JANUARY 23	JANUARY 24	JANUARY 25
		6:45 pm-7:30 pm MINI DRIBBLERS 4Y-5Y #48794 \$1/9.25	9:00 am-9:45 am SOCCER PARENT & TOT 2Y-4Y #49153 \$1/9.25	10:00 am-10:45 am BALLET 2Y-3Y #49156 \$1/10.75
5:45 pm-6:30 pm FLOOR HOCKEY PARENT & TOT 2Y-4Y #49149 \$1/9.25	5:45 pm-6:30 pm MULTI-SPORT PARENT & TOT 2Y-4Y #49151 \$1/9.25		10:00 am-10:45 am SOCCER 4Y-5Y #49152 \$1/9.25	11:00 am-11:45 am BALLET 4Y-5Y #48797 \$1/10.75
6:45 pm-7:30 pm FLOOR HOCKEY PARENT & TOT 4Y-5Y #49148 \$1/9.25	6:45 pm-7:30 pm MULTI-SPORT PARENT & TOT 4Y-5Y #49150 \$1/9.25	9:30 am-10:15 am DANCE COMBO 2Y-3Y #49158 \$1/9.25	11:30 am-12:15 pm TINY ARTISTS ART MIX 4Y-5Y #49165 \$1/10.75	
		10:30 am-11:15 am DANCE COMBO 4Y-5Y #48799 \$1/9.25		



LOW COST TRIAL CLASSES
**CHILDREN
6Y-12Y**

TRY it

JANUARY 19	JANUARY 20	JANUARY 21	JANUARY 22	JANUARY 23
	12:15 pm-1:15 pm HOMESCHOOL GYM 5Y-6Y #49167 1/\$11.00		12:15 pm-1:15 pm HOMESCHOOL VISUAL ARTS 5Y-6Y #49173 1/\$13.50	
3:30 pm-4:30 pm JAZZ DANCE 6Y-10Y #49178 1/\$11.00	1:30 pm-2:30 pm HOMESCHOOL GYM 7Y-13Y #48812 1/\$11.00		12:15 pm-1:15 pm HOMESCHOOL VISUAL ARTS 7Y-13Y #49174 1/\$13.50	
5:00 pm-6:00 pm HIP HOP DANCE 6Y-10Y #49163 1/\$11.00	5:00 pm-6:00 pm PLAYFUL PAINTING 6Y-10Y #49166 1/\$13.50	5:45 pm-6:45 pm MULTI-RACKET SPORTS 6Y-10Y #49161 1/\$9.25	4:00 pm-5:00 pm AIR DRY CLAY 6Y-10Y #49154 1/\$13.50	5:45 pm-6:45 pm FUNDAMENTAL INDOOR SOCCER 6Y-10Y #49160 1/\$11.00
5:00 pm-6:00 pm CARTOON CREATION 6Y-10Y #49157 1/\$13.50	6:45 pm-7:30 pm MULTI-SPORT 6Y-10Y #49162 1/\$9.25			6:45 pm-7:45 pm FUNDAMENTAL BASKETBALL 6Y-10Y #49159 1/\$11.00



Early Years

0-3 YEARS

ROAMING RASCALS

Introduce your child to active living and learning through play at an early age
See page 15 for details.



Early Years

Early Years Playtime

ROAMING RASCALS

Introduce your child to active living and learning through play at an early age. Your child can run, jump and enjoy play gym equipment and meet other families in your neighbourhood.

Note: Pre-registration is required.

AGES 0-5 YEARS <i>parent participation is required</i>					
Location	Day(s)	Date(s)	Time	\$	
TCC Gym	Mon	Jan-Mar	10:00 am-11:30 am	1/\$5.50 10/\$44.00	
TCC Gym	Tue	Jan-Mar	10:00 am-11:30 am	1/\$5.50 10/\$44.00	
TCC Gym	Wed	Jan-Mar	10:00 am-11:30 am	1/\$5.50 10/\$44.00	
TCC Gym	Thu	Jan-Mar	9:15 am-10:45 am	1/\$5.50 10/\$44.00	
TCC Gym	Fri	Jan-Mar	10:00 am-11:30 am	1/\$5.50 10/\$44.00	
TCC Gym	Sat	Jan-Mar	10:00 am-11:30 am	1/\$5.50 10/\$44.00	

DANCE COMBO

Groove to the beat and build self-confidence exploring a variety of dance styles. Try jazz, ballet, tap rhythms, modern and stage dance.

TRY IT

AGES 2-3					
Code	Location	Day(s)	Date(s)	Time	\$
49158	TCC MPR 1	Sat	Jan 24	9:30 am-10:15 am	\$9.25 1 class
48798	TCC MPR 1	Sat	Jan 31-Mar 7	9:30 am-10:15 am	\$55.25 6 classes

BALLET

In this class your child will be exposed to basic dance vocabulary and given the foundations to start more structure ballet classes.

TRY IT

AGES 2-3					
Code	Location	Day(s)	Date(s)	Time	\$
49156	TCC MPR 3	Sun	Jan 25	10:00 am-10:45 am	\$10.75 1 class
48796	TCC MPR 3	Sun	Feb 1-Mar 8	10:00 am-10:45 am	\$61.25 6 classes

Performing Arts

BABY & ME: MUSIC AND PLAY

This is an opportunity for parents and children to enjoy music through musical stories, rhythm, rhymes, and instruments.

TRY IT

AGES 6M-18M <i>parent participation is required</i>					
Code	Location	Day(s)	Date(s)	Time	\$
49155	TCC MPR 1	Tue	Jan 20	10:45 am-11:30 am	\$9.25 1 class
48813	TCC MPR 1	Tue	Jan 27-Mar 3	10:45 am-11:30 am	\$55.25 6 classes

Social Development

ABC'S & 123'S

Colours, numbers, letters, and shapes will all be introduced in a fun, social environment. Activities include games, puzzles, and learning centers designed to get your child ready for the next step.

TRY IT

AGES 2-3					
Code	Location	Day(s)	Date(s)	Time	\$
49147	TCC MPR 1	Wed	Jan 21	9:30 am-10:30 am	\$13.50 1 class
48786	TCC MPR 1	Wed	Jan 28-Mar 4	9:30 am-10:30 am	\$82.00 6 classes
48787	TCC MPR 1	Wed	Jan 28-Mar 4	11:00 am-12:00 pm	\$82.00 6 classes

Early Years

Sports

PARENT & TOT: FLOOR HOCKEY

Learn the fundamental movement skills of floor hockey, such as running, agility, and coordination. This popular sport provides a great foundation for fun, teamwork and fitness.

AGES 2-3 <i>parent participation is required</i>					
Code	Location	Day(s)	Date(s)	Time	\$
49149	TCC GYM	Mon	Jan 19	5:45 pm-6:30 pm	\$9.25 1 class
48788	TCC GYM	Mon	Jan 26-Mar 2	5:45 pm-6:30 pm	\$46.00 5 classes

TRY IT

PARENT & TOT: MULTI SPORT

Introduce your child to fundamental movement skills. Learn many different sports such as floor hockey, soccer, t-ball and much more.

AGES 2-3 <i>parent participation is required</i>					
Code	Location	Day(s)	Date(s)	Time	\$
49151	TCC GYM	Tue	Jan 20	5:45 pm-6:30 pm	\$9.25 1 class
48790	TCC GYM	Tue	Jan 27-Mar 3	5:45 pm-6:30 pm	\$55.25 6 classes

TRY IT

PARENT & TOT: SOCCER

Participants will learn the fundamental movement skills of soccer structured games and skill development such as dribbling, passing, shooting, and footwork. Emphasis is on developing enjoyment of fundamental movement skills and the game of soccer.

AGES 2-3 <i>parent participation is required</i>					
Code	Location	Day(s)	Date(s)	Time	\$
49153	TCC GYM	Sat	Jan 24	9:00 am-9:45 am	\$9.25 1 class
48792	TCC GYM	Sat	Jan 31-Mar 7	9:00 am-9:45 am	\$55.25 6 classes

TRY IT

NEW! PARENT & TODDLER BALANCE BIKE CAMP



Introduce your child to the joy of cycling with our balance bike program! Designed for beginners and intermediate riders, this camp focuses on building confidence, improving risk management, and developing essential skills like stopping, turning, gliding, and balancing. Children will get comfortable using balance bikes and helmets through fun games, bike-themed books, and songs. Parents and caregivers actively participate, learning tips to support their child's safe riding journey and ensuring a collaborative, enriching experience. Balance bikes and helmets are provided, though participants are welcome to bring their own gear. Presented in partnership with the experts at The BC Cycling Coalition.

AGES 2-3 <i>parent participation is required</i>					
Code	Location	Day(s)	Date(s)	Time	\$
48802	TCC Civic Plaza	Sat	Jan 24-Mar 14	10:00 am-11:00 am	\$225.00 8 classes

Note: In case of inclement weather, this program will be moved into the Main Hall at Douglas Recreation Centre (20550 Douglas Crescent).

Visual Arts

MESSY HANDS: ART MIX

Have your little one explore textures, basic colours, and shapes using a variety of different materials and tools. Watch as they develop their skills during this sensory experience.

AGES 1.5-3 <i>parent participation is required</i>					
Code	Location	Day(s)	Date(s)	Time	\$
49164	TCC MPR 4	Sat	Jan 24	10:00 am-10:45 am	\$10.75 1 class
48814	TCC MPR 4	Sat	Jan 31-Mar 7	10:00 am-10:45 am	\$72.75 6 classes

TRY IT



Preschool

TINY ARTISTS: ART MIX

Express your creativity and explore different materials.
See page 21 for details.

3-5 YEARS



Preschool

Education & Training

NEW! PRESCHOOL BALANCE BIKE CAMP



Each day, children will navigate an interactive riding course, practice essential skills like stopping, gliding, balancing, and turning, and learn about road signs and safety rules. Off the bike, kids will enjoy building their own biking maps, reading books, coloring, singing, and engaging in creative crafts. Designed for intermediate and advanced riders, this camp boosts confidence, enhances risk management, and prepares children for a smooth transition to pedal bikes, no training wheels needed! Balance bikes and helmets are provided, though participants are welcome to bring their own gear. Presented in partnership with the experts at The BC Cycling Coalition.

AGES 3-5

Code	Location	Day(s)	Date(s)	Time	\$
48803	TCC Civic Plaza	Sat	Jan 24-Mar 14	11:15 am-12:30 pm	\$350.00 8 classes

Note: In case of inclement weather, this program will be moved into the Main Hall at Douglas Recreation Centre (20550 Douglas Crescent).

Hobbies & Interests

ONE DAY CHEF: VALENTINE'S DAY BAKING

Kids can make Valentine's Day extra special with this baking class! Your child can join us to learn how to create delectable treats that will melt hearts. Participants will take home a variety of homemade, love-infused creations!

AGES 3-5 *parent participation is required*

Code	Location	Day(s)	Date(s)	Time	\$
49078	TCC MPR 1	Sat	Feb 6	5:00 pm-7:00 pm	\$32.50 1 class

ONE DAY CHEF: SPAGHETTI & MEATBALLS

Children will learn the art of crafting al dente spaghetti paired with savory, homemade meatballs, and a rich, flavorful tomato sauce.

AGES 3-5 *parent participation is required*

Code	Location	Day(s)	Date(s)	Time	\$
49079	TCC MPR 1	Fri	Feb 20	5:00 pm-7:00 pm	\$32.50 1 class

ONE DAY CHEF: SNACK ATTACK

Participants will learn to create a delightful assortment of sweet and savory snacks that will impress their guests and satisfy their cravings. Kids can join us for a tasty adventure in snacking!

AGES 3-5 *parent participation is required*

Code	Location	Day(s)	Date(s)	Time	\$
49080	TCC MPR 1	Fri	March 6	5:00 pm-7:00 pm	\$32.50 1 class

ONE DAY WONDERS: LUCKY LEPRECHAUN

Get ready to sham-rock and roll! Join us for a celebration of all things Irish with arts, crafts, games, enchanting stories, and limitless imagination. Dive into creative activities, engage in lively games, and listen to tales of leprechauns and legends. It's an hour of St. Patrick's Day fun that will have you feeling lucky like a leprechaun!

AGES 3-5

Code	Location	Day(s)	Date(s)	Time	\$
49142	TCC MPR 1	Sun	Mar 15	11:30 am-12:30 am	\$22.00 1 class

Hobbies & Interests

ONE DAY WONDERS: PAW PATROL

Calling all Paw Patrol friends! Join us for this One Day Wonder Workshop where we will play, create, learn and pretend all things Paw Patrol through games, and crafts!

AGES 3-5					
Code	Location	Day(s)	Date(s)	Time	\$
49140	TCC MPR 1	Sun	Feb 1	11:30 am-12:30 pm	\$22.00 1 class

ONE DAY WONDERS: SPACE EXPLORERS

Calling all astronauts! Join us for this One Day Wonder Workshop where we will play, create, learn and pretend all things Space through games, and crafts! Blast off!

AGES 3-5					
Code	Location	Day(s)	Date(s)	Time	\$
49141	TCC MPR 1	Sun	Feb 22	11:30 am-12:30 pm	\$22.00 1 class

TOP CHEF PRESCHOOL

Each class will incorporate a learning/skills portion and a cooking portion. The goal is not to make gourmet food each class, but to learn the basics so your kids can be more confident and creative in the kitchen.

AGES 3-5 <i>parent participation is required</i>					
Code	Location	Day(s)	Date(s)	Time	\$
48806	TCC MPR 1	Sun	Feb 1-Mar 8	9:30 am-10:30 am	\$114.50 6 classes

Performing Arts

DANCE COMBO

Groove to the beat and build self-confidence exploring a variety of dance styles. Try jazz, ballet, tap rhythms, modern and stage dance.

TRY IT

AGES 2-3					
Code	Location	Day(s)	Date(s)	Time	\$
49158	TCC MPR 1	Sat	Jan 24	9:30 am-10:15 am	\$9.25 1 class
48798	TCC MPR 1	Sat	Jan 31-Mar 7	9:30 am-10:15 am	\$55.25 6 classes

TRY IT

AGES 4-5					
Code	Location	Day(s)	Date(s)	Time	\$
48799	TCC MPR 1	Sat	Jan 24	10:30 am-11:15 am	\$9.25 1 class
49170	TCC MPR 1	Sat	Jan 31-Mar 7	10:30 am-11:15 am	\$55.25 6 classes



Preschool

Performing Arts

BALLET

In this class your child will be exposed to basic dance vocabulary and given the foundations to start more structure ballet classes.

AGES 2-3 TRY IT					
Code	Location	Day(s)	Date(s)	Time	\$
49156	TCC MPR 3	Sun	Jan 25	10:00 am-10:45 am	\$10.75 1 class
48796	TCC MPR 3	Sun	Feb 1-Mar 8	10:00 am-10:45 am	\$61.25 6 classes

AGES 4-5 TRY IT					
Code	Location	Day(s)	Date(s)	Time	\$
48797	TCC MPR 3	Sun	Jan 25	10:00 am-10:45 am	\$10.75 1 class
49175	TCC MPR 3	Sun	Feb 1-Mar 8	11:00 am-11:45 am	\$61.25 6 classes

Sports

ACTIVE START: MINI DRIBBLERS

Participants will learn the fundamentals of the basketball; ball handling, shooting, passing, and defense. Great way to learn how to play the game in a fun and supportive environment.

AGES 4-5 TRY IT					
Code	Location	Day(s)	Date(s)	Time	\$
48794	TCC West Gym	Fri	Jan 23	5:45 pm-6:30 pm	\$9.25 1 class
49169	TCC West Gym	Fri	Jan 30-Mar 6	5:45 pm-6:30 pm	\$55.25 6 classes

Say Cheese!

Our photographer may be in our parks and facilities taking photos for use in promotional materials, such as our recreation guide, website and digital marketing materials. We will ask for consent with a waiver form prior to taking any close up pictures.

If you or your child prefer not to be photographed, please let the photographer know.



Preschool

Sports


ACTIVE START: MULTI-SPORTS

Introduce your child to fundamental movement skills. Learn many different sports such as floor hockey, soccer, t-ball and much more.

AGES 4-5 					
Code	Location	Day(s)	Date(s)	Time	\$
49150	TCC East Gym	Tue	Jan 20	6:45 pm-7:30 pm	\$9.25 1 class
48791	TCC East Gym	Tue	Jan 27-Mar 3	6:45 pm-7:30 pm	\$55.25 6 classes

ACTIVE START: FLOOR HOCKEY

Learn the fundamental movement skills of floor hockey, such as running, agility, and coordination. This popular sport provides a great foundation for fun, teamwork, and fitness.

AGES 4-5 					
Code	Location	Day(s)	Date(s)	Time	\$
49148	TCC East Gym	Mon	Jan 19	6:45 pm-7:30 pm	\$9.25 1 class
48789	TCC East Gym	Mon	Jan 26-Mar 2	6:45 pm-7:30 pm	\$46.00 5 classes

ACTIVE START: SOCCER

Participants will learn the fundamental movement skills of soccer through structured games and skill development such as dribbling, passing, shooting, and footwork.

AGES 4-5 					
Code	Location	Day(s)	Date(s)	Time	\$
49152	TCC West Gym	Sat	Jan 24	10:00 am-10:45 am	\$9.25 1 class
48793	TCC West Gym	Sat	Jan 31-Mar 7	10:00 am-10:45 am	\$55.25 6 classes

Visual Arts

TINY ARTISTS: ART MIX

Your child will explore a variety of different materials and tools to see how they work and what they do. Your little one will express their creativity and make friends as they paint, experiment with shapes, and draw.

AGES 4-5 					
Code	Location	Day(s)	Date(s)	Time	\$
49165	TCC MPR 4	Sat	Jan 24	11:30 am-12:15 pm	\$10.75 1 class
48815	TCC MPR 4	Sat	Jan 31-Mar 7	11:30 am-12:15 pm	\$72.75 6 classes

Waitlists

Sign up for the waitlist if the program you would like to register for is full. We get cancellations from time to time and can fill spots when they come available.

Children

5-12 YEARS

 **REGISTER
NOW**

Camps

SPRING BREAK CAMP

Our Day Camp is an action-packed adventure that will keep even the most busy kids entertained. We will make memories that will last forever. Day Camp includes crafts, sports, theme days, adventure, science, and much more. We encourage participation and hope that your child will try new things each day at camp.

Note: New refund policy for camps. See below.

AGES 5-12					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48402	TCC West Gym	M-F	Mar 16-Mar 20	8:30 am-3:00 pm	\$225.00 5 classes
48414	TCC West Gym	M-F	Mar 23-Mar 27	8:30 am-3:00 pm	\$225.00 5 classes

PRO-D DAY CAMP

Spend your day off school with us! Pro-D Day Camp includes crafts, sports, theme days, adventure, science, and much more! We encourage participation and hope that your children will try new things at camp. **Note: New refund policy for camps. See below.. No extended play available.**

AGES 5-12					
Code	Location	Day(s)	Date(s)	Time	\$
48415	Nicomekl Elem	Mon	Feb 9	8:30 am-3:00 pm	\$45.00 1 class

Nicomekl Elementary School: 20050 53 Ave

New refund policy

A new refund policy is in effect for programs starting in January 2026. For camps, a 10% withdraw fee will apply to all activity sessions. A withdrawal with less than 5 days notice will have a 50% withdrawal fee applied.

ECOTECH SURVIVAL ENGINEERING: CODE, ROBO, 3D PRINT

Step into the future of green innovation! In this camp, kids will use coding, robotics, and 3D printing to design survival tech powered by renewable energy. They'll invent gadgets, engineer off-grid systems, and explore how technology can sustain life and protect our planet. By the end of the week, students will take home their own 3D-printed design, a small robotics build, and other creations. No previous experience is needed! Presented in partnership with the experts at Young Innovators.

AGES 5-12					
Code	Location	Day(s)	Date(s)	Time	\$
48417	AAMP MPR	M-F	Mar 23-Mar 27	8:30 am-3:00 pm	\$350.00 5 classes

Al Anderson Memorial Pool: 4949 207 Street

GIRLS ONLY! ECOTECH SURVIVAL ENG: CODE, ROBO, 3D

Step into the world of green innovation and tech creativity! Girls, nonbinary youth, and all young creators will use coding, robotics, and 3D printing to invent survival gadgets powered by renewable energy, engineer off-grid systems, and explore how technology can protect our planet. By the end of the week, students will take home an in-house 3D-printed kit and a wealth of new skills, confidence, and tech know-how. Presented in partnership with the experts at Young Innovators.

GIRLS AGES 5-12					
Code	Location	Day(s)	Date(s)	Time	\$
48547	Nicomekl Elem	M-F	Mar 23-Mar 27	8:30 am-3:00 pm	\$350.00 5 classes

Nicomekl Elementary School: 20050 53 Ave

Camps

GIRLS ONLY! MINECRAFT & SPY TECH: CODE, ROBO, 3D



Are you a problem solver? Get ready for a week of exciting hands-on tech, creativity, and adventure! Step into the world of spies and Minecraft creators. Learn to code with Micro:bits, explore 3D design, and tackle exciting engineering challenges with our competition-grade VEX kits. By the end of the week, girls, nonbinary youth, and all young creators will take home an in-house 3D-printed kit and a wealth of new skills, confidence, and tech know-how. Presented in partnership with the experts at Young Innovators.

GIRLS AGES 5-12					
Code	Location	Day(s)	Date(s)	Time	\$
48546	Nicomekl Elem	M-F	Mar 16- Mar 20	8:30 am- 3:00 pm	\$350.00 5 classes

Nicomekl Elementary School: 20050 53 Ave

MINECRAFT & SPY TECH: CODING, ROBOTICS, 3D PRINT



In the morning session of this camp, kids will step into the shoes of a master spy! They will use coding, robotics, and 3D printing to design gadgets, crack codes, and complete their own spy missions. In the afternoon session of this camp, kids will level up from being Minecraft players to creators! They will use coding, 3D printing, and robotics to transform game ideas into tangible tech projects! By the end of the week, students will take home their own 3D-printed design, a small robotics build, and other creations. No previous experience is needed! Presented in partnership with the experts at Young Innovators.

AGES 5-12					
Code	Location	Day(s)	Date(s)	Time	\$
48416	AAMP MPR	M-F	Mar 16- Mar 20	8:30 am- 3:00 pm	\$350.00 5 classes

Al Anderson Memorial Pool: 4949 207 Street

OUT-OF-SCHOOL DAY: HANDS-ON ADVENTURE IN STEM



Looking for something fun to keep your child engaged this out-of-school day? Our Out-of-School Day Adventures are packed with exciting, hands-on activities. Even if your child has joined us before, they'll explore brand-new challenges and projects every time! Our one-day STEM workshop is the ultimate adventure for young minds. They'll build a robot, bring code to life, and even design their own 3D creation! It's the perfect blend of creative play and real-world learning that will spark a lasting passion for technology. Presented in partnership with the experts at Young Innovators.

AGES 5-12					
Code	Location	Day(s)	Date(s)	Time	\$
48545	TCC MPR 2	Fri	Feb 13	9:00 am- 5:30 pm	\$75.00 1 class



Camps

OUT-OF-SCHOOL DAY: SCIENCE IN NATURE ADVENTURES

Calling nature and science lovers! Outdoor exploration is coupled with hands-on science that encourages creativity and analytical reasoning. We start the day at Brydon Lagoon then make our way through the nature trails to an indoor room at Dino Park for lunch and more hands on learning. Each day is a new learning adventure with a different topic. Time outside is adapted to weather. A significant part of this program is outdoors. In the event of extreme weather conditions, drop off will be in the multi-purpose room. This will be communicated to participants in the morning. Presented in partnership with the experts at Explore Science Club.

AGES 5-12					
Code	Location	Day(s)	Date(s)	Time	\$
48424	Nicomekl Elem	Fri	Feb 13	9:00 am-5:30 pm	\$65.00 1 class

Nicomekl Elementary School: 20050 53 Ave

PRO-D DAY: HANDS-ON ADVENTURE IN STEM

Looking for something fun to keep your child engaged this Pro-D Day? Our Pro-D Day Adventures are packed with exciting, hands-on activities. Even if your child has joined us before, they'll explore brand-new challenges and projects every time! Transform it into a day of innovation and fun! Our one-day STEM workshop is the ultimate adventure for young minds. They'll build a robot, bring code to life, and even design their own 3D creation! It's the perfect blend of creative play and real-world learning that will spark a lasting passion for technology. No experience required, just a readiness to create and explore! Presented in partnership with the experts at Young Innovators.

AGES 5-12					
Code	Location	Day(s)	Date(s)	Time	\$
48544	TCC MPR 2	Mon	Feb 9	9:00 am-5:30 pm	\$75.00 1 class



New refund policy

A new refund policy is in effect for programs starting in January 2026. For camps, a 10% withdraw fee will apply to all activity sessions. A withdrawal with less than 5 days notice will have a 50% withdrawal fee applied.

Read the full refund policy [here](#).

PRO-D DAY: SCIENCE IN NATURE ADVENTURES

Calling nature and science lovers! Outdoor exploration is coupled with hands-on science that encourages creativity and analytical reasoning. We start the day at Brydon Lagoon then make our way through the nature trails to an indoor room at Dino Park for lunch and more hands on learning. In the event of extreme weather conditions, drop off will be in the multi-purpose room. This will be communicated to participants in the morning. Presented in partnership with the experts at Explore Science Club.

AGES 5-12					
Code	Location	Day(s)	Date(s)	Time	\$
48423	AAMP MPR	Mon	Feb 9	9:00 am-5:30 pm	\$65.00 1 class

AI Anderson Memorial Pool: 4949 207 Street

Education & Training

HOME ALONE PROGRAM

The Home Alone Program is designed to provide children 10 years of age and older with the necessary skills and knowledge to be safe and responsible when home alone for short periods of time. It will help them understand how to prevent problems, handle real-life situations, keep them safe, and constructively occupied. **Note: Please bring a lunch.**

AGES 10-14					
Code	Location	Day(s)	Date(s)	Time	\$
48819	TCC MPR 1	Sat	Jan 24	11:45 am-3:45 pm	\$58.00 1 class
48820	TCC MPR 1	Sat	Mar 28	11:45 am-3:45 pm	\$58.00 1 class

Hobbies & Interests

ONE DAY CHEF: COOKIES

Get ready to master the art of cookie baking! Your child can join us and learn the secrets behind crafting scrumptious cookies that will delight their taste buds.
Note: new refund policy for one day programs.

AGES 6-10					
Code	Location	Day(s)	Date(s)	Time	\$
49074	TCC MPR 1	Fri	Jan 30	5:00 pm-7:00 pm	\$32.50 1 class

New refund policy

A new refund policy is in effect for programs starting in January 2026. For camps, a 10% withdraw fee will apply to all activity sessions. A withdrawl with less than 5 days notice will have a 50% withdrawl fee applied.

ONE DAY CHEF: SNACK ATTACK

Participants will learn to create a delightful assortment of sweet and savory snacks that will impress their guests and satisfy their cravings. Kids can join us for a tasty adventure in snacking!
Note: New refund policy for one day programs.

AGES 6-10					
Code	Location	Day(s)	Date(s)	Time	\$
49077	TCC MPR 1	Fri	Mar 13	5:00 pm-7:00 pm	\$32.50 1 class

ONE DAY CHEF: SPAGHETTI & MEATBALLS

Children will learn the art of crafting al dente spaghetti paired with savory, homemade meatballs, and a rich, flavorful tomato sauce.
Note: New refund policy for one day programs.

AGES 6-10					
Code	Location	Day(s)	Date(s)	Time	\$
49076	TCC MPR 1	Fri	Feb 27	5:00 pm-7:00 pm	\$32.50 1 class

ONE DAY CHEF: VALENTINES DAY BAKING

Kids can make Valentine's Day extra special with this baking class! Your child can join us to learn how to create delectable treats that will melt hearts. Participants will take home a variety of homemade, love-infused creations!
Note: New refund policy for one day programs.

AGES 6-10					
Code	Location	Day(s)	Date(s)	Time	\$
49075	TCC MPR 1	Fri	Feb 13	5:00 pm-7:00 pm	\$32.50 1 class

Hobbies & Interests

TOP CHEF KIDS

Participants will learn the basics to be more confident and creative in the kitchen. Each class will incorporate a skill portion and a hands-on portion to help make your child feel like a top chef in the kitchen.

AGES 6-10					
Code	Location	Day(s)	Date(s)	Time	\$
48805	TCC Kitchen	Wed	Jan 28-Mar 4	4:00 pm-5:30 pm	\$160.00 6 classes

ONE DAY CREATIONS: SOAP MAKING

Has your child ever wanted to create their own luxurious, customized soap? They will learn the art and science of making beautiful, handcrafted soaps from scratch. Learn how to make soap using basic, natural ingredients.

AGES 6-10					
Code	Location	Day(s)	Date(s)	Time	\$
49138	TCC MPR 1	Sat	Feb 7	12:00 pm-2:00 pm	\$32.50 1 class

ONE DAY CREATIONS: BATH BOMB MAKING

Have your child join us for a bubbly adventure in the delightful realm of bath bomb making! They will transform their bath into a fizzy and fragrant oasis. Children will choose their ingredients and blend enchanting scents and colors together. They will discover the secrets behind the perfect fizz and leave with their own custom-made bath bombs, ready to elevate their relaxation experience at home.

AGES 6-10					
Code	Location	Day(s)	Date(s)	Time	\$
49139	TCC Kitchen	Sat	Mar 7	12:00 pm-2:00 pm	\$32.50 1 class

ONE DAY CREATIONS: CANDLE MAKING

Kids will illuminate their creativity and learn the art of crafting beautiful candles. Participants will discover the joy of making customized candles, from choosing fragrances and colours to creating unique designs.

AGES 6-10					
Code	Location	Day(s)	Date(s)	Time	\$
49137	TCC MPR 1	Sat	Feb 21	12:00 pm-2:00 pm	\$32.50 1 class

Performing Arts

HIP HOP

Your child will learn all the hottest moves such as popping and locking, tutting, crumping, breakin' and street styles that will blow your mind.

AGES 6-10 					
Code	Location	Day(s)	Date(s)	Time	\$
49163	TCC MPR 3	Mon	Jan 19	5:00 pm-6:00 pm	\$11.00 1 class
48795	TCC MPR 3	Mon	Jan 26-Mar 2	5:00 pm-6:00 pm	\$53.50 5 classes

TRY it

Try It!

Check out a variety of low-cost trial classes this Winter! If you decide to register in the full class, the cost of the trial class will be deducted from your registration.

See page 11 for details.

Children

Performing Arts

NEW! JAZZ DANCE

Your child will explore the rhythms and grooves of jazz dance, learning foundational techniques like isolations, jazz walks, turns, kicks, and expressive choreography.

AGES 6-10					
Code	Location	Day(s)	Date(s)	Time	\$
49178	TCC MPR 3	Mon	Jan 19	3:30 pm-4:30 pm	\$11.00 1 class
49177	TCC MPR 3	Mon	Jan 26-Mar 2	3:30 pm-4:30 pm	\$53.50 5 classes

TRY IT

NEW! PUBLIC SPEAKING



The public speaking program is designed to help students develop strong communication skills that will serve them for life. Through interactive lessons, practice speeches and fun activities. The students will learn how to: organize tone, voice, and body language, build confidence, and think quickly. Drop-ins welcome if space permits. \$20.00/visit per person. Presented in partnership with the experts at Olsen Academy.

AGES 6-12					
Code	Location	Day(s)	Date(s)	Time	\$
48961	TCC MPR 4	Wed	Jan 28-Mar 11	5:00 pm-6:00 pm	\$80.00 4 classes

NEW! THEATRE PERFORMANCE



Ignite creativity and confidence with the Theater Performance program. Students will explore acting, movement, stage presence while working on bringing characters to life. Through fun rehearsals and interactive activities, they will develop teamwork, self expression, and confidence on stage and beyond. Drop-ins welcome if space permits. \$20.00/visit per person. Presented in partnership with the experts at Olsen Academy.

AGES 6-12					
Code	Location	Day(s)	Date(s)	Time	\$
48921	TCC MPR 4	Mon	Jan 26-Mar 9	4:00 pm-5:00 pm	\$80.00 4 classes

Science & Technology

NEW! AI EXPLORERS: HACK YOUR AI



AI Explorers is a fun and interactive program designed to introduce Young Innovators to the fundamentals of AI. In this course, your child will learn how AI began and how it's transforming everything today. Participants will learn how AI "looks" at images and understands them and find out how chatbots and voice assistants work. Children will code their own fun game using the software Scratch. No previous experience is needed! Presented in partnership with the experts at Young Innovators.

AGES 7-14					
Code	Location	Day(s)	Date(s)	Time	\$
48845	TCC MPR 2	Sun	Jan 25-Mar 1	11:45am-1:15 pm	\$190.00 5 classes

New Refund Policy

Our refund policy is changing, for programs starting in January 2026. Full details are available [here](#).

Science & Technology

EXPLORE SCIENCE CLUB



Join Explore Science Club for fun learning adventures that engage curiosity and ignite wonder in your budding scientist! With expert guidance and mentorship, participants will explore new science questions each week. They will analyze, observe, and solve problems while also engaging in hands on demonstrations, crafts, games, and, of course, experiments. Participants are introduced to the sciences and relevant technologies in fun, deep learning, ways that strengthen knowledge, practise, and understanding of STEAM subjects. Activities are age appropriate and vary for younger & older participants. Presented in partnership with the experts at Explore Science Club.

AGES 6-12					
Code	Location	Day(s)	Date(s)	Time	\$
48822	TCC MPR 1	Sun	Jan 11-Feb 1	3:00 pm-4:00 pm	\$75.00 4 classes
48823	TCC MPR 1	Sun	Feb 8-Mar 8	3:00 pm-4:00 pm	\$75.00 4 classes



NEW! DESIGN & 3D PRINT A CUSTOM RACE CAR



Get ready to race into creativity! In this fun, hands-on program, your children will discover the exciting world of 3D design & printing while creating their very own custom car. Along the way, they will learn how to combine simple shapes to design car parts like wheels, bodies, and spoilers. They will prepare a personalized license plate keychain for printing and 3D design their own dream car and get it print-ready. Participants will also build and attach a car frame to make the wheels operational and explore the parts of a 3D printer through a live demo. Paint and decorate their car creations. By the end of the course, every student will take home their own 3D-printed car masterpiece! No previous experience needed, just imagination and a love of cars! Presented in partnership with the experts at Young Innovators.

AGES 7-14					
Code	Location	Day(s)	Date(s)	Time	\$
48844	TCC MPR 2	Sun	Jan 25-Mar 1	10:00 am-11:30 am	\$235.00 5 classes

DISCOVERY PARTY: ISAAC NEWTON



Let's celebrate Isaac Newton's birthday! Isaac Newton was a revolutionary individual! Participants will learn about the science behind some of his greatest inventions through interactive stories, experiments, and baking! Presented in partnership with the experts at Explore Science Club.

AGES 6-12					
Code	Location	Day(s)	Date(s)	Time	\$
48824	TCC MPR 1	Sun	Jan 25	1:00 pm-2:30 pm	\$32.50 1 class

Science & Technology

VALENTINE'S WORKSHOP: CREATE A LIGHT-UP CIRCUIT CARD

This Valentine's Day, let your child's creativity shine, literally! In this hands-on STEM workshop, kids will design and build their very own light-up Valentine card using simple circuits and craft supplies. By the end of the session, each participant will take home a glowing Valentine creation that they can proudly share with family or friends. Join us for the ultimate kid-friendly Valentine's Day activity in Langley! Presented in partnership with the experts at Young Innovators.

AGES 6-12

Code	Location	Day(s)	Date(s)	Time	\$
48843	TCC MPR 2	Sun	Feb 8	1:30 pm-3:00 pm	\$42.00 1 class

Social Development

KIDS NIGHT OUT

Parents! Enjoy an evening out while your child enjoys a night in with crafts, games, interactive play, and a movie.

AGES 6-10

Code	Location	Day(s)	Date(s)	Time	\$
49144	TCC MPR 2	Fri	Feb 6	6:00 pm-9:00 pm	\$32.50 1 class
49143	TCC MPR 2	Fri	Mar 6	6:00 pm-9:00 pm	\$32.50 1 class

SPORTS, PLAY, PIZZA

Come down to the Timms Community Centre for three hours of Friday night fun with our recreation staff as we play games, have pizza, and play sports in the gym. Bring some friends or make new ones!

AGES 7-10

Code	Location	Day(s)	Date(s)	Time	\$
49145	TCC MPR 2	Fri	Mar 13	6:00 pm-9:00 pm	\$34.00 1 class
49143	TCC MPR 2	Fri	Mar 6	6:00 pm-9:00 pm	\$34.00

Sports

FUNDAMENTAL BASKETBALL

Students will learn the skills required to play basketball. Dribbling, passing, shooting, rebounding, one-on-one moves and defensive strategies are covered. Emphasis is on fair play, sportsmanship, team play and fundamental movement skills.

AGES 6-10



Code	Location	Day(s)	Date(s)	Time	\$
49159	TCC West Gym	Fri	Jan 23	6:45 pm-7:45 pm	\$11.00 1 class
48807	TCC West Gym	Fri	Jan 30-Mar 6	6:45 pm-7:45 pm	\$64.50 6 classes

Sports

FUNDAMENTAL INDOOR SOCCER

Your child will learn the basics of soccer. We will focus on the fundamentals of running, changing direction, dribbling and shooting. Ball movement and confidence will be developed in a fun, supportive way by practicing them in games and drills.

AGES 6-10 					
Code	Location	Day(s)	Date(s)	Time	\$
49160	TCC East Gyn	Fri	Jan 23	5:45 pm-6:45 pm	\$11.00 1 class
48809	TCC East Gym	Fri	Jan 30-Mar 6	5:45 pm-6:45 pm	\$64.50 6 classes

WHEELCHAIR BASKETBALL

Focus on basic movement and wheelchair skills. Ideal for children, teens and adults who use manual wheelchairs. All equipment provided (wheelchairs are available for able-bodied registrants). Drop-ins welcome if space permits. \$8/visit per person.

ALL AGES					
Code	Location	Day(s)	Date(s)	Time	\$
47819	TCC West Gym	Thu	Jan 8-Mar 12	5:45 pm-7:15 pm	\$75.00 10 classes

FUNDAMENTAL MULTISPORT

This course is an introduction to rules, sport skills, basic physical literacy, fundamental movement skills and sportsmanship. We will also have game play for a variety of sports including soccer, ball hockey, basketball, badminton, and many more.

AGES 6-10 					
Code	Location	Day(s)	Date(s)	Time	\$
49162	TCC East Gym	Tue	Jan 20	5:45 pm-6:45 pm	\$11.00 1 class
48810	TCC East Gym	Tue	Jan 27-Mar 3	5:45 pm-6:45 pm	\$64.50 6 classes

FUNDAMENTAL MULTI RACKET SPORTS

Get ready for some action! An introduction to rules, sport skills, basic physical literacy and fundamental movement skills, followed by game play for a variety of racket sports including tennis, badminton, table tennis, and pickleball. Emphasis is on sportsmanship.

AGES 6-10 					
Code	Location	Day(s)	Date(s)	Time	\$
49161	TCC East Gym	Wed	Jan 21	5:45 pm-6:45 pm	\$11.00 1 class
48808	TCC East Gym	Wed	Jan 28-Mar 4	5:45 pm-6:45 pm	\$64.50 6 classes

PE HOMESCHOOL GYM

Get ready for some action! This course teaches home school children physical literacy and fundamental movement skills. Children will play a variety of sports and games while gaining confidence in a supportive and engaging environment.

AGES 5-6 					
Code	Location	Day(s)	Date(s)	Time	\$
49167	TCC East Gym	Tue	Jan 20	12:15 pm-1:15 pm	\$11.00 1 class
48811	TCC East Gym	Tue	Jan 27-Mar 3	12:15 pm-1:15 pm	\$64.50 6 classes

AGES 7-13 					
Code	Location	Day(s)	Date(s)	Time	\$
48812	TCC East Gym	Tue	Jan 20	1:30 pm-2:30 pm	\$11.00 1 class
49168	TCC East Gym	Tue	Jan 27-Mar 3	1:30 pm-2:30 pm	\$64.50 6 classes

Children

Visual Arts

CARTOON CREATION

In this class, kids will discover the art of cartoon creation! They will learn character design, storytelling techniques, animation basics, and more. Watch as they unleash their creativity and bring their characters to life!

AGES 6-10

TRY IT

Code	Location	Day(s)	Date(s)	Time	\$
49157	TCC MPR 2	Mon	Jan 19	5:00 pm- 6:00 pm	\$13.50 1 class
48816	TCC MPR 2	Mon	Jan 26- Mar 2	5:00 pm- 6:00 pm	\$66.75 5 classes

NEW! DRAWING & PAINTING

Children will explore drawing and painting through fun, hands-on projects. They will learn lines, shapes, colours, and essential techniques while building confidence and creativity. Participants will be guided by experienced art educator and practicing artist.

AGES 6-8

Code	Location	Day(s)	Date(s)	Time	\$
48861	TCC MPR 4	Sat	Jan 24- Feb 14	1:00pm- 2:00pm	\$62.00 4 classes
48862	TCC MPR 4	Sat	Feb 21- Mar 14	1:00 pm- 2:00 pm	\$62.00 4 classes

NEW! DRAWING TECHNIQUES

Children will learn creative drawing with pencils, charcoal, graphite, pastels, and more. They will explore shapes, lines, and shading while gaining confidence and building essential art skills. Participants will be guided by experienced art educator and practicing artist.

AGES 8-12

Code	Location	Day(s)	Date(s)	Time	\$
48859	TCC MPR 4	Thu	Jan 22- Feb 12	5:00 pm- 6:00 pm	\$62.00 4 classes
48871	TCC MPR 4	Thu	Feb 19- Mar 12	5:00 pm- 6:00 pm	\$62.00 4 classes

HOMESCHOOL VISUAL ARTS

In this class home school students will explore various ways of creating exciting visual arts projects such as painting, print making and drawing. Students will have fun while they learn basic colour theory, perspective, line and form.

AGES 5-6

TRY IT

Code	Location	Day(s)	Date(s)	Time	\$
49173	TCC MPR 4	Thu	Jan 22	12:15 pm- 1:15 pm	\$13.50 1 class
49171	TCC MPR 4	Thu	Jan 29- Mar 5	12:15pm- 1:15pm	\$80.25 6 classes

AGES 7-13

TRY IT

Code	Location	Day(s)	Date(s)	Time	\$
49174	TCC MPR 4	Thu	Jan 22	1:30 pm 2:30 pm	\$13.50 1 class
49172	TCC MPR 4	Thu	Jan 29- Mar 5	1:30 pm- 2:30 pm	\$80.25 6 classes

Visual Arts

NEW! ONE DAY CRAFTS: MAKE YOUR OWN STUFFIES

Children will create their own one-of-a-kind plush animals using soft, easy-to-bend jumbo pipe cleaners. Each child will craft bear-themed animal and personalize them with adorable outfits and fun, decorative accessories. All materials are provided

AGES 6-10					
Code	Location	Day(s)	Date(s)	Time	\$
49182	TCC MPR 4	Sat	Jan 24	3:00 pm-4:30 pm	\$32.50 1 class

AIR DRY CLAY

This fun and engaging course introduces kids to the art of sculpting with air dry clay. Participants will learn various techniques to mold, shape, and decorate their clay creations.

AGES 6-10 TRY IT					
Code	Location	Day(s)	Date(s)	Time	\$
49154	TCC MPR 2	Thu	Jan 22	4:00 pm-5:00 pm	\$13.50 1 class
48817	TCC MPR 2	Thu	Jan 29-Mar 5	4:00 pm-5:00 pm	\$82.00 6 classes

NEW! PAINTING FOUNDATIONS

Children will learn the fundamentals of painting using watercolours, tempera, and more. They will develop skills in colour mixing, brush techniques, and composition while building confidence and improving their painting abilities. Participants will be guided by experienced art educator and practicing artist.

AGES 6-8					
Code	Location	Day(s)	Date(s)	Time	\$
48860	TCC MPR 4	Thu	Jan 22-Feb 12	3:30 pm-4:30 pm	\$62.00 4 classes
48866	TCC MPR 4	Thu	Feb 19-Mar 12	3:30 pm-4:30 pm	\$62.00 4 classes



Visual Arts

PLAYFUL PAINTING

Children will explore the world of painting in this beginner-friendly program. Whether your child is picking up a brush for the first time or has an artistic passion, this course is designed to nurture their creativity. Children will learn basic techniques from color mixing to brush strokes, discovering the joy of self-expression on canvas.

AGES 6-10 TRY IT					
Code	Location	Day(s)	Date(s)	Time	\$
49166	TCC MPR 2	Tue	Jan 20	5:00 pm-6:00 pm	\$13.50 1 class
48818	TCC MPR 2	Tue	Jan 27-Mar 3	5:00 pm-6:00 pm	\$80.25 6 classes

NEW! INTRO TO PRINTMAKING

Children will explore fun printmaking techniques like block printing, monoprinting, and collagraphs. They will experiment with shapes, textures, and colours to create unique prints, building creativity and confidence through hands-on projects. Participants will be guided by an experienced art educator and practicing artist.

AGES 8-12					
Code	Location	Day(s)	Date(s)	Time	\$
49183	TCC MPR 4	Fri	Jan 16-Feb 6	4:30 pm-5:30 pm	\$62.00 4 classes
49184	TCC MPR 4	Fri	Feb 13-Mar 13	4:30 pm-5:30 pm	\$62.00 4 classes

Instructor Profile



Molly Gray is a multidisciplinary, neurodivergent Canadian artist whose practice spans printmaking, painting, graphic illustration, collaborative community-engaged arts, and, most recently, steel sculpture.

Her work is driven by a deep desire to create with her hands and to connect with the community. Molly approaches each piece with a sense of childlike wonder—without expectation or judgment—allowing the act of creation to become a mindful practice. This joy and sense of purpose is evident both in her artwork and in her facilitation style. Her work often features Canadian landscapes, local flora and fauna, and ranges from fluid impressionism to illustrative realism.

Molly shares her knowledge through in-person workshops across the Fraser Valley, as well as through video tutorials on social media under the name Molly Gray Art (@mollygrayart).

She has exhibited in solo, duo, and group exhibitions throughout British Columbia. Molly holds a Bachelor of Arts with Honours in Studio Art from Bishop's University and a Certificate in New Media Design and Web Development with distinction from the British Columbia Institute of Technology. In 2025, Molly received the third-place prize in the 3D category at the Langley Arts Council 6th Annual BC-Wide Exhibition artSpacific for her metal sculpture titled Urban Living with Raccoon.

This season, she is excited to be teaching Intro to Printmaking for Children and Printmaking for Beginners (Adults) at Timms Community Centre.

www.instagram.com/mollygrayarts/



Youth

11-17 YEARS



TOP CHEF

Improve your skills in the kitchen & enjoy delicious recipes.
See page 36 for details.

Youth

Education & Training

BABYSITTER TRAINING

This course developed by the Canadian Safety Council teaches the most up to date information concerning childcare and safety. Course content includes: basic first-aid, emergency procedures, safety, nutrition, roles, and responsibilities. Learn tons of fun games and activities making you the most popular babysitter on the block!

Price includes manual and certificate (upon completion of the program).

AGES 11-16					
Code	Location	Day(s)	Date(s)	Time	\$
48740	TCC MPR 4	Sun	Mar 8 - Mar 15	12:00 pm- 5:00 pm	\$99.00 2 classes



Hobbies & Interests

TIMMS BAKERY

Welcome to Timms Bakery where youth will learn the baking basics and get to create a wide variety of sweets and treats. Youth will learn kitchen safety, how to measure, how to follow a recipe and most importantly - how to clean up the kitchen! Every week will have a new recipe - cookies, muffins, brownies and pastries are all on the menu!

AGES 11-17					
Code	Location	Day(s)	Date(s)	Time	\$
48427	TCC MPR 1	Tue	Jan 20- Feb 10	4:30 pm- 6:00 pm	\$90.00 4 classes

Games & Track Pass

Did you know we have a fully stocked games room with billiards, ping-pong, foosball, video games and more. This pass also gives you access to our Youth Drop-In programming. See schedule [here](#).

All you need is a Games & Track pass (\$25/year) and you can drop-in and enjoy!

Sign up today at Timms Community Centre.



TOP CHEF

Welcome to Top Chef Youth where youth get to learn and try awesome new recipes! We cover kitchen safety, basic cooking terms and techniques. Recipes will vary from week to week. The best meals are the ones you make yourself! All supplies included.

AGES 11-17					
Code	Location	Day(s)	Date(s)	Time	\$
48428	TCC MPR 1	Tue	Feb 17- Mar 10	4:30 pm- 6:00 pm	\$90.00 4 classes

Hobbies & Interests

ONE DAY CHEF: PIZZA

Learn how to make pizza from scratch in this one day cooking class for youth.

AGES 11-17					
Code	Location	Day(s)	Date(s)	Time	\$
48398	TCC MPR 1	Sat	Jan 31	3:00 pm-5:00 pm	\$25.00 1 class

ONE DAY CHEF: VALENTINES DAY BAKING

Learn how to make a variety of fun Valentine's Day treats including heart shaped cookies.

AGES 11-17					
Code	Location	Day(s)	Date(s)	Time	\$
48399	TCC MPR 1	Sat	Feb 14	3:00 pm-5:00 pm	\$25.00 1 class

ONE DAY CHEF: MATCHA CAFE

Learn how to make matcha at home! Hot matcha, iced matcha, strawberry matcha, and matcha cookies!

AGES 11-17					
Code	Location	Day(s)	Date(s)	Time	\$
48400	TCC MPR 1	Sat	Feb 28	3:00 pm-5:00 pm	\$25.00 1 class

ONE DAY CHEF: PASTA

Learn how to make a variety of pastas including a basic red sauce and white sauce in this special One Day Chef class for youth!

AGES 11-17					
Code	Location	Day(s)	Date(s)	Time	\$
48401	TCC MPR 1	Sat	Mar 14	3:00 pm-5:00 pm	\$25.00 1 class

New refund policy

A new refund policy is in effect for programs starting in January 2026. For camps, a 10% withdraw fee will apply to all activity sessions. A withdrawl with less than 5 days notice will have a 50% withdrawl fee applied.

ONE DAY CRAFTS: SOAP MAKING

Learn how to make your own soap at home in this special one day craft class for youth!

AGES 11-17					
Code	Location	Day(s)	Date(s)	Time	\$
48403	TCC MPR 1	Sat	Feb 7	3:00 pm-5:00 pm	\$25.00 1 class

ONE DAY CRAFTS: CANDLE MAKING

Learn how to make your own candles at home in this special one day craft class for youth!

AGES 11-17					
Code	Location	Day(s)	Date(s)	Time	\$
48404	TCC MPR 1	Sat	Feb 21	3:00 pm-5:00 pm	\$25.00 1 class

ONE DAY CRAFTS: BATH BOMB MAKING

Learn how to make your own bath bombs at home in this special one day craft class for youth!

AGES 11-17					
Code	Location	Day(s)	Date(s)	Time	\$
48405	TCC MPR 1	Sat	Mar 7	3:00 pm-5:00 pm	\$25.00 1 class

Performing Arts

HIP HOP DANCE

Keep fit, improve your flexibility while having fun and making new friends at the same time! Class will work together building routines and practicing basic moves to popular pop music songs. No experience necessary- beginners welcome!

AGES 11-14					
Code	Location	Day(s)	Date(s)	Time	\$
48804	TCC MPR 3	Mon	Jan 26-Mar 9	6:30 pm-7:30 pm	\$60.00 6 classes

NEW! THEATRE PERFORMANCE



Ignite creativity and confidence with the Theater Performance program. Students will explore acting, movement, stage presence while working on bringing characters to life. Through fun rehearsals and interactive activities, they will develop teamwork, self expression, and confidence on stage and beyond. Drop-ins welcome if space permits. \$20.00/visit per person. Presented in partnership with the experts at Olsen Academy.

AGES 13-17					
Code	Location	Day(s)	Date(s)	Time	\$
48922	TCC MPR 4	Mon	Jan 26-Mar 9	5:15 pm-6:15 pm	\$80.00 4 classes

Science & Technology

NEW! AI EXPLORERS: HACK YOUR AI



AI Explorers is a fun and interactive program designed to introduce Young Innovators to the fundamentals of AI. In this course, your kid will learn how AI began and how it's transforming everything today. Participants will learn how AI "looks" at images and understands them and find out how chatbots and voice assistants work. Kids will code their own fun game using the software Scratch. No previous experience is needed! Presented in partnership with the experts at Young Innovators.

AGES 7-14					
Code	Location	Day(s)	Date(s)	Time	\$
48845	TCC MPR 2	Sun	Jan 25-Mar 1	11:45 am-1:15 pm	\$190.00 5 classes

NEW! DESIGN & 3D PRINT A CUSTOM RACE CAR



Get ready to race into creativity! In this fun, hands-on program, your children will discover the exciting world of 3D design & printing while creating their very own custom car. Along the way, they will learn how to combine simple shapes to design car parts like wheels, bodies, and spoilers. They will prepare a personalized license plate keychain for printing and 3D design their own dream car and get it print-ready. Participants will also build and attach a car frame to make the wheels operational and explore the parts of a 3D printer through a live demo as well as paint and decorate their car creations. By the end of the course, every student will take home their own 3D-printed car masterpiece! No previous experience needed, just imagination and a love of cars! Presented in partnership with the experts at Young Innovators.

AGES 7-14					
Code	Location	Day(s)	Date(s)	Time	\$
48844	TCC MPR 2	Sun	Jan 25-Mar 1	10:00am-11:30 am	\$235.00 5 classes

Sports

VOLLEYBALL SKILLS & DRILLS: GIRLS

Volleyball basics including bumping, setting, serving, blocking and spiking will be introduced and practiced through fun drills and skill-building activities. Youth will also learn how to work as a team and develop game strategies in a fun, social environment. Lots of game play opportunity!

GIRLS AGES 11-14					
Code	Location	Day(s)	Date(s)	Time	\$
48542	TCC West Gym	Wed	Jan 7- Feb 11	6:00 pm- 7:00 pm	\$60.00 6 classes

WHEELCHAIR BASKETBALL



Learn to play wheelchair basketball. Focus on basic movement and wheelchair skills. Ideal for children, teens and adults who use manual wheelchairs. All equipment provided (wheelchairs are available for able-bodied registrants). Drop-ins welcome if space permits. \$8/visit per person.

ALL AGES					
Code	Location	Day(s)	Date(s)	Time	\$
47819	TCC West Gym	Thu	Jan 8- Mar 12	5:45 pm- 7:15 pm	\$60.00 6 classes

BASKETBALL: SKILLS & DRILLS

Youth will learn skills including proper grip, footwork, serving, and shot techniques such as clears, smashes, and drops. Through drills and friendly matches, participants will improve their hand-eye coordination, agility, and overall fitness. This course provides a supportive environment where beginners can learn and enjoy the fast-paced game of badminton Lots of game play opportunity!

AGES 11-14					
Code	Location	Day(s)	Date(s)	Time	\$
48540	TCC West Gym	Sat	Jan 10- Feb 14	4:00 pm- 5:00 pm	\$60.00 6 classes

BADMINTON: SKILLS & DRILLS

Youth will learn skills including proper grip, footwork, serving, and shot techniques such as clears, smashes, and drops. Through drills and friendly matches, participants will improve their hand-eye coordination, agility, and overall fitness. This course provides a supportive environment where beginners can learn and enjoy the fast-paced game of badminton Lots of game play opportunity!

AGES 11-14					
Code	Location	Day(s)	Date(s)	Time	\$
48543	TCC West Gym	Wed	Feb 18- Mar 25	6:00 pm- 7:00 pm	\$60.00 6 classes

MULTI-SPORT LEARN TO PLAY: GIRLS

This program offers youth the opportunity to explore a variety of sports, helping them build fundamental skills across multiple activities like soccer, basketball, volleyball, and more. This class focuses on developing coordination, agility, teamwork, and confidence while introducing participants to different sports through fun drills, games, and challenges. It's perfect for beginners or those who want to try out new sports in a supportive, engaging environment

GIRLS AGES 11-14					
Code	Location	Day(s)	Date(s)	Time	\$
48541	TCC West Gym	Sat	Feb 21- Mar 28	4:00 pm- 5:00 pm	\$60.00 6 classes

Youth



Encompass Support Services Society is a grassroots, non-profit agency that provides a wide range of enriching and essential programs and support services to Langley and surrounding communities. We offer a variety of free, accessible community programs and activities for all ages with a primary focus on children, youth, and families.

LOOKING TO DONATE?
WE ARE CURRENTLY
FUNDRAISING FOR OUR
CHILD & FAMILY
PROGRAMS. TO DONATE,
PLEASE GO TO OUR
CANADA HELPS LINK.



FOLLOW US ON OUR
SOCIALS BELOW TO GET
UPDATES ON ALL OF
OUR WINTER PROGRAMS
AND ACTIVITIES!



Visit us online for regular
news and updates:

@encompasssupportservices
@langleyyouthhub
@fodlangley
@foundrylangley

P: (604) 534.2171

E: support@encompass-supports.com
www.encompass-supports.com



Donate



Website



Membership

Youth Drop In Schedule

Contact the Youth Programmer: 604.514.2999

MONDAY

• 3:15pm-5:15pm *Youth Open Gym*

TUESDAY

• 3:15pm-5:15pm *Youth Open Gym*

WEDNESDAY

• 3:15pm-5:15pm *Youth Open Gym*

THURSDAY

• 3:15pm-5:15pm *Youth Open Gym*
• 5:00pm-7:30pm *Girls Social*

FRIDAY

• 3:15pm-5:15pm *Youth Open Gym*

SATURDAY

• 3:45pm-5:15pm *Youth Open Gym*
• 6:00pm-9:30pm *Youth Night*

Open Gym

Basketball, pickleball, volleyball,
badminton, soccer - everything is game!

Girls Social

Crafts, Snacks, Chats. Repeat. Facilitated by
city staff. Just remember...Girls only!

Youth Night

Games, sports, crafts, food and fun
competitions all night long.

ALL FREE WITH A GAMES & TRACK PASS

Youth drop in activities are included with your Games & Track Pass.
Purchase yours today for \$25/year and join us for all the fun!

Games Room



Good times in the Games Room

Step into the Games Room - where fun happens all day long! Bring your friends, challenge your family, or take on a new rival in our action-packed Games Room at Timms Community Centre. Play a round of pool, rally at ping pong, dominate the air hockey table, or choose from a variety of classic and modern games. It's the perfect spot to unwind, compete, and laugh together - fun for all ages!



Unlimited access

GAMES & TRACK PASS ONLY \$25/YEAR

Drop in, play on, and make every visit a good time.

Sign up today: \$25/year gets you all access to:

- Games Room
- Fitness Track
- Social cards
- Drop In Youth programs

General Hours: MONDAY-FRIDAY 8:30am-10:00pm • SATURDAY 8:00am-5:30pm • SUNDAY 8:30am-8:00pm

Adult

19+ YEARS

LEARN TO PLAY PICKLEBALL

This program will teach the basic skills and rules for beginners.
See pages 45 for details..



Health & Wellness

HEALTHY LIVING BAG

Offered in partnership with Langley Meals on Wheels, the Healthy Living Bag contains a variety of fresh fruit and vegetables as well as information on local programs. Bags are ready for pick up from 11:00 am to 8:00 pm at:

Timms Community Centre (20399 Douglas Crescent)
Meals on Wheels (2900 272 Street, Aldergrove)

Limited home delivery is available for Langley City residents only who are homebound due to illness or injury and not physically able to pick up their bag in person. Please inquire at the time of booking.

Please note: this program is open to everyone regardless of income level. Orders must be pre-paid by the Wednesday prior to delivery.

Any orders not picked up by the end of the following day will be redistributed to a family in need.

AGES 16+					
Code	Location	Day(s)	Date(s)	Time	\$
48406	TCC Front Desk	Tue	Jan 6	11:00 am-8:00 pm	\$6.00 1 bag
48407	TCC Front Desk	Tue	Feb 3	11:00 am-8:00 pm	\$6.00 1 bag
48408	TCC Front Desk	Wed	Mar 3	11:00 am-8:00 pm	\$6.00 1 bag

Follow Us!

Langley City Recreation, Culture & Community Services has new social media accounts. Follow along to stay connected about news, events, programs and important City initiatives.



Facebook - @LangleyCityRec
Instagram - @langleycityrecreation

Performing Arts

LINE DANCE: BEGINNER

Line dancing is an easy way to have fun while you exercise your body and mind. This class will focus on more than just learning dances - we will incorporate variations, choreography, learning how to know which dances to do with different songs, plus lots more.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48670	TCC MPR 3	Wed	Jan 14-Feb 18	3:00 pm-4:00 pm	\$48.00 6 classes
48671	TCC MPR 3	Wed	Feb 25-Apr 1	3:00 pm-4:00 pm	\$48.00 6 classes

NEW! THEATRE PERFORMANCE

With this performance program, students will explore the fundamentals of acting, movement, stage presence while working on bringing characters to life. They will develop self expression, confidence, and communication skills on stage and beyond. Drop-ins welcome if space permits. \$20.00/visit per person. Presented in partnership with the experts at Olsen Academy.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48960	TCC MPR 4	Mon	Jan 26-Mar 9	6:30 pm-7:30 pm	\$80.00 4 classes

Performing Arts

BEGINNER BELLY DANCE

This fun class will explore one of the oldest forms of dance. Learn and add layers to your isolations and develop more complex dance movements.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48664	TCC MPR 3	Tue	Jan 13-Feb 17	7:00 pm-8:30 pm	\$60.00 6 classes
48665	TCC MPR 3	Tue	Feb 24-Mar 31	7:00 pm-8:30 pm	\$60.00 6 classes

BEYOND THE BASICS BELLY DANCE

Continue to explore this vast tapestry of dance while adding layers and building complexity in your dance movements. Dive into the richness and variety of this cultural dance form as well as history. Must have at least one year dance experience.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48666	TCC MPR 3	Fri	Jan 9-Feb 13	7:00 pm-8:30 pm	\$60.00 6 classes
48667	TCC MPR 3	Fri	Feb 20-Mar 27	7:00 pm-8:30 pm	\$80.00 8 classes

BELLY DANCE: TROUPE AND PERFORMANCE

Continue to build on your dance knowledge and learn different regional dances through choreography and troupe performance opportunities. Must have at least two years dance experience.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48668	TCC MPR 3	Thu	Jan 8-Feb 12	7:15 pm-8:45 pm	\$70.00 6 classes
48669	TCC MPR 3	Thu	Feb 19-Mar 26	7:15 pm-8:45 pm	\$70.00 6 classes

DANCE SAMPLER: JIVE

It's time to shake off the winter blues! What better way to celebrate than with a little Jive! Learn the basics and you will be the envy of the dance floor. No partner required.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48672	TCC MPR 3	Fri	Jan 9-Jan 30	5:30 pm-6:30 pm	\$40.00 4 classes

DANCE SAMPLER: RUMBA/CHA CHA

Tap into your fun and romantic sides! Add a little sizzle to your winter by learning the basics to the Cha Cha and add a dash of romance with a little Rumba. No partner required.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48673	TCC MPR 3	Fri	Feb 6-Feb 27	5:30 pm-6:30 pm	\$40.00 4 classes

DANCE SAMPLER: FOX TROT

It's Graduation and Wedding Season! Learn the basics of the Fox Trot and join the party on the dance floor! No partner required.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48674	TCC MPR 3	Fri	Mar 6-Mar 27	5:30 pm-6:30 pm	\$40.00 4 classes

Social Programs

Come on down to Timms Community Centre and enjoy an afternoon of fun. Social programs are available to anyone with a valid Games & Track pass (\$25/year).

SOCIAL BRIDGE (18+ years)

Meet other local bridge players at this fun drop-in program. Everything is supplied, even the coffee! Beginners are welcome however all participants must have some knowledge of the rules, strategies and basic game play.

Mondays & Fridays 1:00pm-4:00pm

Timms Community Centre, MPR 1

New Player Orientation 12:30 pm-1:00 pm

TEXAS HOLD'EM: LEARN TO PLAY (18+ years)

Learning to play Texas Hold'em poker is not as complex as you may think! Players new to the game will be taught the fundamentals including basic rules and strategy. Those already familiar and experienced with Texas Hold'em are encouraged to join in the fun and sharpen their skills during this social practice play. **Please Note: All players must attend Learn to Play Sessions prior to joining the Texas Hold'em Tournament Play.**

Tuesdays 1:00pm-4:00pm

Timms Community Centre, MPR 1

TEXAS HOLD'EM: TOURNAMENT PLAY (18+ years)

For those who have Texas Hold'em game play experience along with a good knowledge and understanding of the rules and strategies associated with game play. Join us for a social afternoon of slightly competitive and highly enjoyable poker. **Please note: All Texas Hold'em Players must attend Learn to Play sessions prior to joining the Texas Hold'em Tournament Play.**

Thursdays 1:00pm-4:00 pm

Timms Community Centre, MPR 1



NEW! CULTURAL BOARD GAMES



(18+ years)

Join the fun! Timms Community Centre welcomes all to the Cultural Games Social Afternoons! Enjoy an afternoon of traditional games from around the world, including Go, Mancala, Mahjong, Yutnori, and many more. All supplies and instructions are provided for a friendly, social experience! Presented in partnership with the Langley Local Immigration Partnership.

Wednesdays 1:00pm-4:00 pm

Timms Community Centre, MPR 4

Sports

LEARN TO PLAY PICKLEBALL

Pickleball is one of the fastest growing recreational sports in Canada among the young and young at heart! Pickleball uses a wiffle-ball and low net combined with several rules that make it accessible to people of all ages and abilities. This program will teach the basic skills and rules for beginners. All equipment provided.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48800	TCC Gym	Thu	Jan 22-Feb 12	6:30 pm-7:30 pm	\$48.00 4 classes
48801	TCC Gym	Thu	Feb 19-Mar 12	6:30 pm-7:30 pm	\$48.00 4 classes

Visual Arts

NEW! WATERCOLOUR PAINTING FOR BEGINNERS

Discover the fundamental techniques of watercolour painting, including blending, layering, wet-on-wet, and brushwork. Practice at your own pace while building confidence and creativity. Designed for those new to painting, but all skill levels are welcome. Participants will be guided by an experienced art educator and practicing artist.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48872	TCC MPR 4	Tue	Jan 20-Feb 10	6:30 pm-8:30 pm	\$124.00 4 classes
48874	TCC MPR 4	Tue	Feb 17-Mar 10	6:30 pm-8:30 pm	\$124.00 4 classes

NEW! ACRYLIC PAINTING FOR BEGINNERS

Explore the basics of acrylic painting through beginner-friendly projects that focus on colour theory, brushwork, and creative ways to use materials. Designed for those new to painting, but all skill levels are welcome. Participants will be led by an experienced art educator and practicing artist.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48869	TCC MPR 4	Thu	Jan 22-Feb 12	6:30 pm-8:30 pm	\$124.00 4 classes

NEW! DRAWING FOR BEGINNERS

Learn the basics of drawing through hands-on exercises that help you see and sketch the world around you. Explore fundamental techniques such as line, proportion, shading, and perspective while developing your confidence and personal style. Participants will be guided by an experienced art educator and practicing artist.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48875	TCC MPR 4	Tue	Jan 20-Feb 10	4:00 pm-6:00 pm	\$124.00 4 classes
48876	TCC MPR 4	Tue	Feb 17-Mar 10	4:00 pm-6:00 pm	\$124.00 4 classes

NEW! FLORAL PAINTING

Learn to paint flowers while exploring the fundamentals of acrylic painting. This beginner-friendly class covers colour theory, brushwork, and techniques for creating expressive floral compositions. Designed for those new to painting, but all skill levels are welcome. Participants will be led by an experienced art educator and practicing artist.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48870	TCC MPR 4	Thu	Feb 19-Mar 12	6:30 pm-8:30 pm	\$124.00 4 classes

Visual Arts

NEW! PRINTMAKING FOR BEGINNERS

Explore the fundamentals and creative possibilities of printmaking in this hands-on class. You will experiment with techniques like block printing, monoprinting, and collagraphs, working with shapes, textures, and colours to create unique, original printing projects. You will be guided by an experienced art educator and practicing artist.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
49186	TCC MPR 4	Fri	Jan 16-Feb 6	6:00 pm-8:00 pm	\$124.00 4 classes
49187	TCC MPR 4	Fri	Feb 13-Mar 13	6:00 pm-8:00 pm	\$124.00 4 classes

ONE DAY ARTS: HAND-BUILDING POTTERY BOWLS

Create your own pottery bowl! Learn basic hand-building techniques, choose a glaze from a variety of colours, and the instructor will apply it for you. All materials are included, no experience required. Your piece will be kiln-fired and ready for pick-up at Timms Community Centre in 5-6 weeks. Presented in partnership with the Manana Studios.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
49146	TCC MPR 4	Sat	Feb 21	3:00 pm-5:30 pm	\$65.00 1 class



Langley City eNewsletters

CITY CONNECTS

Get updates on major City news, projects, initiatives, events, and special announcements. **Sign up today!**

RECREATION INSIDER

Get updates all things recreation - programs, events, facility updates, seasonal offerings and more! **Sign up today!**

ONE DAY ARTS: HAND-BUILDING POTTERY MUGS

Create your own pottery mug! Learn basic hand-building techniques, choose a glaze from a variety of colours, and the instructor will apply it for you. All materials are included, no experience required. Your piece will be kiln-fired and ready for pick-up at Timms Community Centre in 5-6 weeks. Presented in partnership with the Manana Studios.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
49181	TCC MPR 4	Sat	Mar 21	3:00 pm-5:30 pm	\$65.00 1 class

Visual Arts

NEW! ART CAFE FOR SENIORS

Relax with a warm cup of tea, good company, and a creative hands-on activity. Each session features a simple art or craft project such as collage, painting, card-making, or seasonal creations. No experience is needed, and all materials are provided. You will be guided by an experienced art educator and practicing artist.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48867	TCC MPR 4	Tue	Jan 20- Feb 10	10:00am- 12:00 pm	\$20.00 4 classes
48868	TCC MPR 4	Tue	Feb 17- Mar 10	10:00 am- 12:00 pm	\$20.00 4 classes



Instructor Profile



Puneet Datewas is a Vancouver based painter and an art educator. Before moving to Canada, she spent her childhood exploring paint in her mom's art studio in Chandigarh, India —a city nestled among mountains and inspired by Swiss and

French architecture. Puneet holds a BA in Geography from the University of Victoria. After completing her degree, she pursued her passion for art at Canvas Method, a contemporary atelier. She currently works as an art instructor for the City of Surrey while developing her own practice out of her studio in East Vancouver.

Puneet is a landscape and figurative painter working in the realms of realism and impressionism. Art is where her love for nature and passion for painting collide, among her to find inner stillness.

Natural stillness and sounds of flora and fauna continue to draw her into plein air painting. Trained in traditional techniques of oil painting and drawing, Puneet also embraces experimentation, exploring to colour, texture, and new approaches. Through her work, she aims to evoke silence, spontaneity, and classical beauty.

This season, Puneet is excited to share her love of art at Timms Community Centre, teaching Painting Foundations and Drawing Techniques for children, as well as Acrylic Painting for Beginners and Floral Painting for adults.

www.puneetdatewas.com



Learn Active Engage Explore Connect

Inclusive recreational,
social and wellness
programs for people

50+



- Line Dancing
- Table Tennis
- Carpet Bowling
- Fitness Classes
- Snooker
- Bus Trips
- Art Classes

- Cards & Games
- Dinner & Dancing
- Support Groups
- Pub Lunches with Live Entertainment
- Walking Group
- More!

Home of the 'Monday Morning Talk Show!'

See everything the Langley Senior
Resources Society offers! www.lsrcs.ca



Langley Senior
RESOURCES SOCIETY

20605 - 51B Ave, Langley
604-530-3020 | Email: info@lsrcs.ca
www.lsrcs.ca

LOOKING TO VOLUNTEER? *Learn more at lsrcs.ca*

Gymnasium

SINGLE SESSION

BASKETBALL SHOOT AROUND

Drop in and shoot around
[Click here for online schedule](#)



Admission Rates

PRICING & PASSES

**All admissions and passes are non-refundable. Prices are subject to change.
Passes expire 2 years from the date of purchase.**

	Child*** (4-12 years)	Youth (13-18 years)	Student with valid ID	Adult (19+ years)	Senior (60+ years)	Family**
Single Session*	\$2.90	\$4.30	\$4.30	\$5.80	\$4.30	n/a
10 Visit Pass	\$26.00	\$38.80	\$38.80	\$52.00	\$38.80	n/a
20 Visit Pass	\$46.20	\$69.00	\$69.00	\$92.40	\$69.00	n/a
1 Month Pass	\$34.70	\$51.70	\$51.70	\$69.30	\$51.70	\$138.60
3 Month Pass	\$78.00	\$116.25	\$116.25	\$156.00	\$116.25	\$311.85
6 Month Pass	\$117.00	\$174.35	\$174.35	\$233.90	\$174.35	\$467.80
1 Year Pass****	\$187.20	\$279.00	\$279.00	\$374.25	\$279.00	\$748.45
Valid for: Weight Room, Fitness Track, Games Room, Single Session Gymnasium, and Single Session Fitness. Excludes Parent & Tot Roaming Rascals. All passes expire 2 years from the date of purchase.						
*Single Session is valid for 1 program entry only. **Family: a combination of 1-2 adults (parents, guardians or grandparents) plus children 18 years and under who reside in the same household (maximum 2 adults per family) ***Children 3 years old and under are free ****The 1 Year pass can be put on hold once, for up to 2 months. Payments continue as scheduled.						
1 Year Games & Track Pass (4+years)		\$25.00 per person				
Valid for: Fitness Track, Games Room, Youth Drop-In Programs and Social Programs at Timms Community Centre						

Support Worker Pass

For those who have disabilities or require additional assistance to participate in our programs or amenities, a support worker may attend for no additional charge.

Support workers are able to participate alongside their companion; however, they should not be doing their own independent program or activity.

Please note that support workers need to be at least 16 years old to support others in our facility and/or programs, unless they are supporting a youth 13-15 in the weight room where they need to be 19+ years.

To sign up for a Support Worker Pass, please visit Timms Community Centre or call 604.514.2940.

Gymnasium

Court Rentals

BADMINTON COURT RENTAL

Badminton courts are booked on a first-come, first-served basis. Payment is required at the time of booking. Maximum of six people are allowed per court. Courts are only allowed to be used when booked. Registration open one week before program date. No private instruction allowed. All court rentals are for public use.

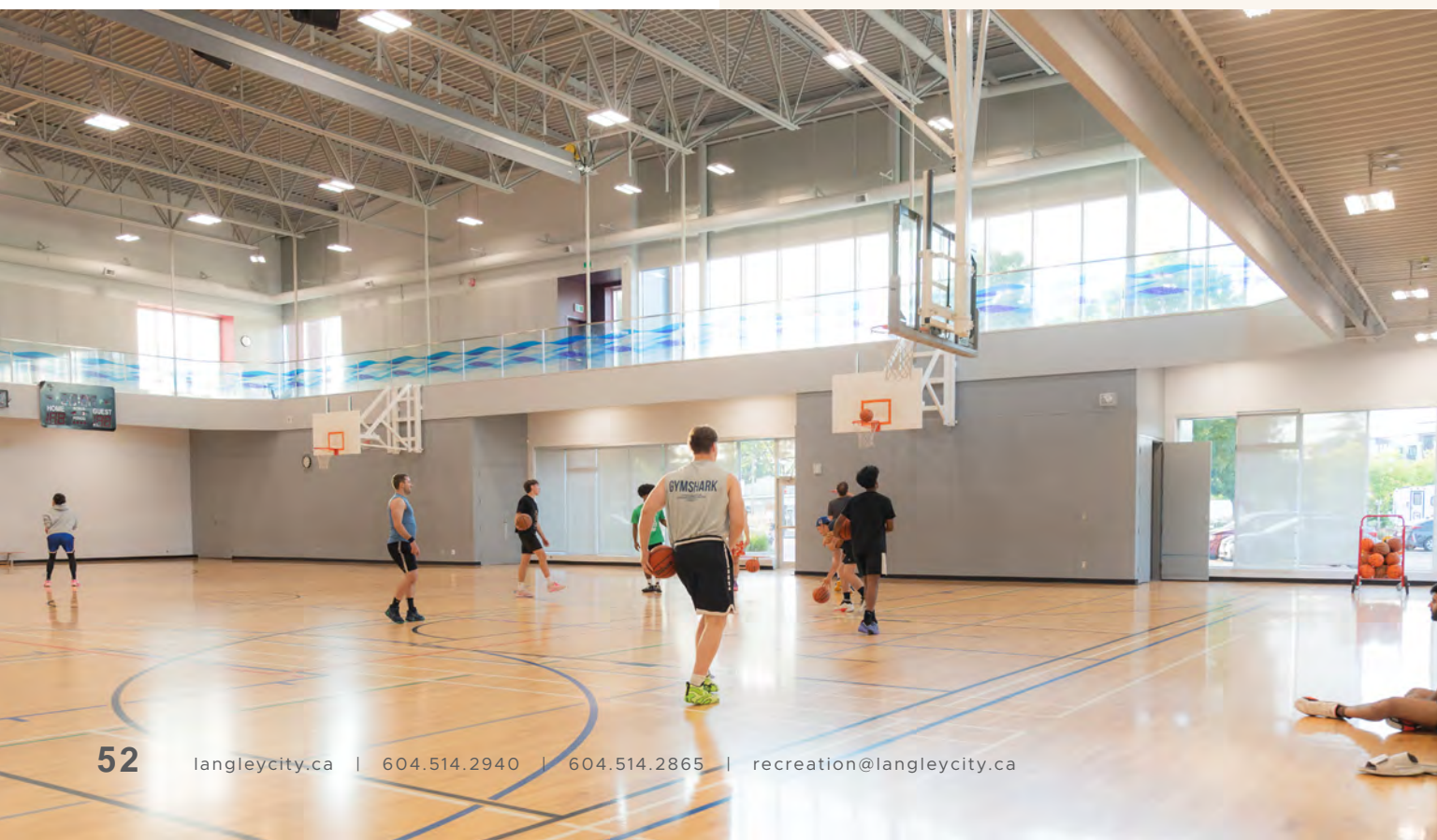
Please note: A maximum of two courts permitted to be booked per day, per person.

AGES 16+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
Book	TCC	Sun	Jan - Mar	5:30 pm-6:15 pm	\$11.00 45 min
Book	TCC	Sun	Jan - Mar	6:30 pm-7:15 pm	\$11.00 45 min

Single Session Gymnasium Activities

Click here for quick access to Single Session Gymnasium Programs and Descriptions.

We recommend registering for Single Session Activities up to three days in advance to secure a spot. If you have registered and find yourself unable to attend, please cancel your registration so someone on the waitlist can sign up.



Gymnasium



Single Session Gymnasium Sports



Pre-registration is required for all Single Session Gymnasium Sports programs. Register in-person, by phone or online.

Regular admission fees apply. See **page 51** for rates. We recommend registering for Single Session activities up to 3 days in advance.

(All ages or 16+) **BADMINTON**

Recreational badminton is open to all skill levels from beginner to advanced. Double play and rotation of players will be required if session is full. 18 players per half gym on rotational basis or 32 for full gym (6 courts).

(16+) **BASKETBALL**

All skill levels welcome from beginner to advanced. 20 spots for 5 on 5 play with a rotating group per half gym or 30 for full gym. If full, scores go to 7 points. Winners stay on for a maximum of 2 wins.

BASKETBALL (4+ or 16+) **SHOOT AROUND**

If you're looking to enhance your basketball skills and improve your game, come and shoot around. No scrimmaging or game play will be allowed. Max 20 per half gym or 30 for full gym. Children under 8 years must be accompanied by an adult.

FAMILY GYM (All Ages)

Register your family and enjoy open gymnasium time at Family Gym for fun activities such as basketball, badminton, soccer, pickleball and table tennis. This program is open to families only (a combination of parents and their children under the age of 19 years still living at home). There will be a maximum of 6 members per household family and 4 families allowed per session. Each family member attending must be listed on the screening form.

PICKLEBALL (16+)

Recreational pickleball is open to all skill levels from beginner to advanced. Double play and rotation of players is required if the session is full. 18 players per half gym or 32 for full gym.

TABLE TENNIS (16+)

Open to all skill levels from beginner to advanced. Up to 5 tables are available. Double play and rotation of players is required if busy. 24 players per half gym.

VOLLEYBALL (16+)

Come play non-competitive and recreational co-ed volleyball. Players sort themselves into teams. 6 on 6 per court. Rotation of players will be required if session is full. Maximum 30 for full gym (2 courts)

WALK OR RUN (OR A MIXTURE OF BOTH!)



DOUGLAS PARK PACERS



@douglas_park_pacers

MON-FRI 9AM
DOUGLAS PARK

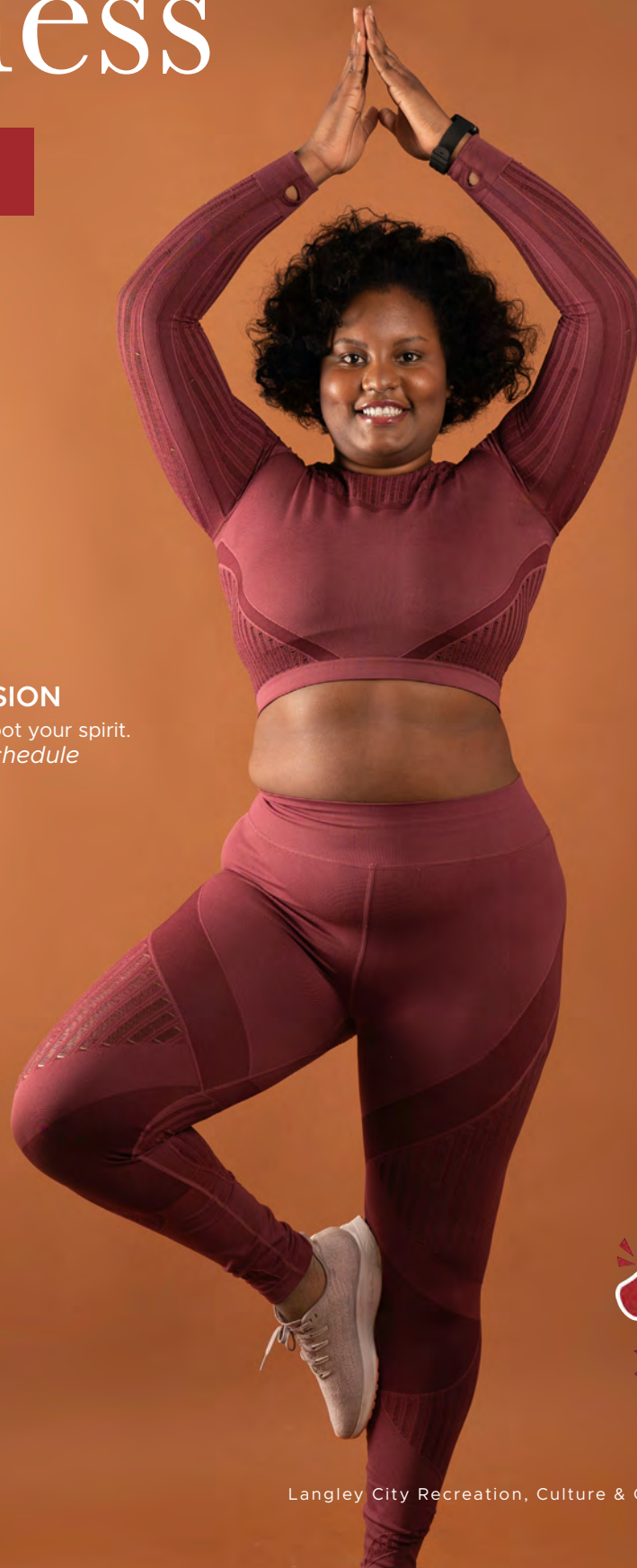
Are you interested in improving your general fitness while getting fresh air and meeting new people in the community? Come out and join the Pacers! It's free and it's for everyone! Walk or run (or a mixture of both) for 30 minutes at your own pace on a half kilometer loop while getting motivation, supports and tips from your leader.

Fitness

GET ACTIVE

H.I.I.T & YOGA FUSION

Relax your mind and re-boot your spirit.
[Click here for online schedule](#)



Weight Room Hours

TIMMS COMMUNITY CENTRE

20399 Douglas Crescent

Monday to Thursday	6:00 am - 9:00 pm
Friday	6:00 am - 8:00 pm
Saturday	8:00 am - 6:00 pm
Sunday	8:00 am - 8:00 pm
Holiday	10:00 am - 3:00 pm

Age Restriction: Weight room users must be 16+ years to use the facility independently. Youth 13-15 years interested in using the weight room must follow the guidelines below.

Youth Weight Room Hours & Guidelines

Youth 13-15 years may use the weight room if:

- supervised by an adult (19+ years) **or**
- they have completed a weight room orientation **or**,
- they attend during youth supervised hours:
 - Monday to Friday: 3:00 pm - 5:00 pm
 - Saturday/Sunday: 1:00 pm - 3:00 pm & 6:00 pm - 8:00 pm





Facility Etiquette

Help us provide a safe and friendly environment. Please follow the guidelines below to ensure a positive experience for all. Facility may not be supervised at all times. Use at your own risk.

HEALTH, SAFETY & SECURITY

- Leave your valuables at home. The City is not responsible for lost or stolen items. Lockers are available; bring your own lock.
- Avoid placing bags or belongings on the floor.
- Proper athletic footwear is required. No sandals or open toed shoes.
- No food allowed.
- Drinks must be in an unbreakable, spill-proof container.
- Report any facility or equipment concerns to staff immediately.

RESPECT OTHERS

- Turn cellular phones to silent mode; step outside the weight room to talk on your phone. No stepping outside fitness classes to take phone calls.
- Do not take pictures or recordings of people.
- No swearing or disrespectful language.
- Avoid wearing perfume or cologne.
- Use of amplified music players is not permitted.
- Arriving late to a class can be disruptive and not allow for sufficient set-up and warm up. Late entry will not be allowed.

Fitness Classes

(45 minutes) 15-15-15

Moderate intensity; Moderate impact

Get fitter, faster in this interval training class! 15 minutes of cardio exercises followed by 15 minutes of strength training and finishing with 15 minutes of abs and stretching for a full body workout.

(60 minutes) BODY PUMP

Moderate Intensity; Moderate impact

Burn calories while shaping and toning your body and increasing core strength. This power-hour will incorporate high intensity interval training (H.I.I.T) and tabata exercises to elevate your heart rate while you strengthen and tone using weights, bars, and gliders. Mat work is also included. Participants must be comfortable getting to and from the floor.

(60 minutes) BODY TONING

Moderate Intensity; Moderate impact

Sculpt and tone your body while increasing joint mobility and core strength. This class will include a variety of exercises using light weights, bands, balls, and body weight exercises for your upper body, lower body, and core.

Note: Body Toning Express 45 minutes

(60 minutes) BODYSCULPT

High Intensity; Moderate impact

Work all of your muscles in every way possible in this class designed to build strength, define your muscles and decrease body fat. Increase your lean muscle mass using a combination of cardio drills, dumbbells, tubing, body bars, and a variety of body weight exercises to transform your body.

Note: Bodysculpt Express 45 minutes

(60 minutes) BOLLY-X®

Moderate Intensity; Moderate impact

Join us for this Bollywood-inspired cardio dance-fitness class that combines fun, choreography with the hottest music from around the world! This program cycles between high and lower intensity cardio that can be modified to suit individual needs.

No dance experience needed!

CARDIO COMBO STRETCH (60 minutes)

Moderate Intensity; Moderate impact

40 minutes of toning your upper and lower body using light weights, bands and a variety of body weight exercises with cardio bursts in between. The final 20 minutes will focus on stretching and flexibility training using foam rollers and yoga poses to open your hips and shoulders while relieving tight muscles.

CIRCL MOBILITY™ (60 minutes)

Moderate Intensity; low impact

Explore flexibility, breath work and mobility exercises to help you move better, longer. Set to relaxing music, this class will actively take you through movement patterns to improve your range of motion, balance and flexibility. Suitable for all fitness levels. Participants must be comfortable getting to and from the mat.

Note: Circl mobility express: 45 minutes

NEW! COREPLUS BANDS (45 minutes)

Moderate Intensity; Low impact

Build a stronger, more stable core using resistance bands and pilates exercises. This class focuses on controlled movements that engage your abs, obliques and lower back while improving posture and balance. Perfect for all levels of fitness as this class combines strength building exercises and functional training to help you move better every day. Participants must be comfortable getting to and from the floor.

CORE EXPRESS (45 minutes)

Moderate Intensity; Low impact

A challenging class that targets your abs, obliques, back and legs to activate and strengthen core muscles. Targeted balance and core exercises using a variety of bands, balls and bodyweight exercises. Mat work included, participants must be comfortable getting to and from the floor.

Fitness Classes

(60 minutes) DEEP STRETCH YOGA

Low Intensity; No impact

Enjoy a deep level of relaxation while improving your flexibility in this slow, calming yoga class. Disconnect from the frantic activity of daily life and prepare your mind and body for meditation and a deepened awareness. Prolonged stretches will aim at opening up your shoulders, hips, and legs while releasing tension in your entire body. No previous yoga experience needed. Beginners welcome.

(60 minutes) FITNESS THERAPY

Low Intensity; Low impact

Using light weights, bands and balance activities for a full-body functional workout, this low-impact class will help rehabilitate the hip, knee and ankle joints. Suitable for all fitness levels.

(60 minutes) FLOW YOGA

Low Intensity; Low impact

Move slowly through yoga postures to promote healing, relaxation and flexibility. Includes both standing and sitting postures. Beginners welcome.

(60 minutes) FRIDAY MASH-UP

Moderate Intensity; Moderate impact

Join us for Friday fun day! This class is a mash up of old-school aerobics, cardio dance, and strength building exercises. Every week will be different - STEP, Zumba, HIIT and everything in between. What is consistent is you will get your body moving and energy levels soaring with a smile on your face. Beginners welcome. Participants must be comfortable getting to and from the floor.

(30 minutes) GENTLE CYCLE

Low Intensity; No impact

Enjoy a 30 minute indoor cycle that is easy on the joints, builds muscle, and improves balance. Go at your own pace while enjoying this small group class.

GENTLE-FIT (60 minutes)

Low Intensity; Low impact

A low-impact fitness class suitable for all ages and abilities focusing on improving flexibility, strength, endurance, and coordination. Using light weights and chairs (as needed for balance), participants will be led through a variety of exercises to high energy music. No mat/floor work.

HATHA YOGA (60 minutes)

Low Intensity; Low impact

This class will take you through a variety of yoga postures, breathing techniques and meditation that will challenge the body and mind. Hatha Yoga is ideal for beginners starting their yoga journey or experienced yoga practitioners looking for a slower, gentle class. Regain flexibility in your joints, strengthen your muscles, correct your posture and learn how to calm your mind. Participants must be comfortable getting to and from the floor.

H.I.I.T & YOGA FUSION (60 minutes)

Low Intensity; Low impact

30 minutes of cardio and strength intervals to elevate your heart rate, burn fat, and build muscle followed by a 30 minute yoga and meditation to improve your balance and flexibility. Relax your mind and re-boot your spirit. Beginners welcome!

MIX FIT (60 minutes)

Moderate Intensity; Moderate impact

A power-mix of cardio and strength training that will get your blood pumping and muscles working. A variety of cardio exercises combined with strength training including: steps, bikes, TRX, bosu, bands and weights - never the same class twice! Suitable for all fitness levels. Some mat work included. Participants must be comfortable getting to and from the floor.

Fitness Classes

(45 minutes) POUND®

High Intensity; Moderate impact

Rockout. Workout. Release your inner rockstar in this music-driven, drumming-inspired workout. Combining cardio, strength training and plyometrics with Ripstix drumsticks and energizing music for a full body workout. In addition to the benefits to your body, this class will also improve your rhythm, coordination and agility while relieving stress.

(60 minutes) RISE N' SHINE MOBILITY YOGA

Low Intensity; No impact

Warm up your mind and body in this low-impact class ideal for those looking to improve their range of motion, flexibility and mobility. Heal stiff joints and reduce pain through movements designed to improve your mobility by promoting joint health and releasing tension. Routines focus on hips, spine, ankles, wrists and shoulder joints. Beginners welcome!

(45 minutes) SCULPT & CORE

Moderate Intensity; Moderate impact

This 45 minute workout will sculpt and tone your entire body. 20 minutes of upper and lower body sculpting using a variety of dumbbells, bands and body weight exercises followed by 20 minutes of focused core strengthening exercises. Finish off your workout with a quick cool down and stretch and be ready to face the day!

(45 minutes) SPIN EXPRESS

High Intensity; Low impact

Join this high-intensity spin class with intervals of hills and sprints for the ultimate fat burning workout in 30 minutes! Cool down with a 15 minute stretch to leave you feeling energized and limber!

SPIN & SCULPT (60 minutes)

High Intensity; Low impact

30 minutes of cardio intervals on the indoor bicycle to burn calories and improve cardiovascular health followed by upper body exercises using weights and bands to strengthen and tone.

SPIN & STRETCH (60 minutes)

Moderate Intensity; Low impact

30 minutes of cardio intervals on the indoor bicycle followed by 30 minutes of dynamic stretches to help elongate your muscles, strengthen your core, and limber up!

Spin & Stretch Express: 45 minutes

SPIN & TRX (75 minutes)

High Intensity; Low impact

Combine 30 minutes of calorie burning spin with 30 minutes of TRX strength training and a limbering stretch session and you will feel exhilarated, toned and limber! Expect lots of sweat and lots of fun!

SPIN & YOGA (60 minutes)

Moderate Intensity; Low impact

30 minutes of high intensity cardio spin to burn calories and get your heart pumping followed by 30 minutes of relaxing yoga poses to help stretch your muscles and strengthen your core.

STRENGTH CIRCUIT (60 minutes)

Moderate Intensity; Low impact

A mix of body conditioning and resistance training to build strength and muscular endurance. Move through a variety of stations targeting different muscle groups to tone up and shred body fat. Using a variety of equipment and body weight exercises you will boost your metabolism and work your entire body. End the class with a limbering and calming yoga stretch session.

Fitness Classes

(45 minutes) NEW! STRETCH THERAPY

Low Intensity; Low impact

This active stretching class will help release fascia and tight muscles while unlocking your joints so you can move with ease. Release your hamstrings, hips, back and shoulders to improve posture, mobility and range of motion with the use of foam rollers, bands and other assistive equipment.

(60 minutes) TOTAL BODY CONDITIONING (TBC)

High Intensity; Moderate impact

Get stronger, lose body fat, and build lean muscle through a variety of high intensity intervals including cardio drills and muscular endurance exercises.

Note: TBC Express 45 minutes

(45 minutes) TRX EXPRESS

Moderate Intensity; Low impact

Tone and sculpt your entire body through a variety of TRX suspension training exercises combined with intervals of upper and lower body sculpting exercises using light weights and bands.

NEW! WARRIOR COMBAT™

High Intensity; Moderate impact

Boxing inspired, powerful and fierce class. It is for everybody and every BODY. Warrior Combat has two 30 minute sections. These sections are distinguished by timed intervals and the moves are synchronized to music. Boxing combinations, HIIT training, total body strength and aerobic conditioning are all part of the fun!

YOGA EXPRESS (45 minutes)

Moderate Intensity; Low impact

Energize your body as you move through various yoga poses that will help open the body while strengthening the mind-body connection. Expect a variety of chest-opening postures, body twists and light stretching exercises to help release body tension.

YOGALATES (75 minutes)

Moderate Intensity; Low impact

Yoga and pilates fused together into a total toning class that will work your abs, waist, shoulders and arms while tightening your butt and thighs. Enjoy the gentle stretch of yoga and the core-building strength of pilates as you benefit from the mental practice and breathing exercises for whole body health. No previous experience needed. Beginners welcome.

ZUMBA FITNESS® (60 minutes)

Moderate-High Intensity; High impact

Dance yourself into shape with high-energy moves designed to tone in all the right places. You don't need to be coordinated or have rhythm, just a willingness to have fun and the desire to dance!

ZUMBA GOLD® (60 minutes)

Low-Moderate Intensity; Moderate impact

This modified class recreates Zumba moves at a lower intensity. It is designed to meet the needs of older adults or those with physical and/or mental impairments that would benefit from a slower-paced class. No dance experience required, suitable for all fitness levels. Enjoy the zesty Latin music and move at your own pace!

Zumba Gold Express: 45 minutes

Weight Training

PERSONAL TRAINING

Timms Community Centre - Weight Room

AGES 16+	
<p>Looking for some one-on-one training? Whether you are new to the weight room or looking to refresh your routine and motivation, our certified trainers can guide you through. All personal training includes a phone consultation session with your trainer to review your goals and schedule your first appointment.</p> <p>Tandem sessions are also available if you want to share your time with a friend or family member.</p> <p>Pre-registration is required. To register call us at 604.514.2940 or book in person.</p>	
Individual Sessions	\$ (+gst)
3 - One Hour Training Sessions	\$165.00
5 - One Hour Training Sessions	\$275.00
10 - One Hour Training Sessions	\$550.00
Tandem Sessions* (2 people sharing)	
3 - One Hour Training Sessions	\$247.50
5 - One Hour Training Sessions	\$412.50
10 - One Hour Training Sessions	\$825.00
<i>*Pairs must be at a similar fitness level.</i>	
<i>*Personal training passes are non-refundable</i>	

WEIGHT ROOM ORIENTATION

Timms Community Centre

AGES 13+	
<p>A 45 minute safety orientation for those new to the weight room. Participants will receive training on: safe practices in the weight room, proper use of equipment, review of policies and etiquette and basic workout routine. Youth 13-15 years are required to complete an orientation prior to being admitted to the weight room without adult supervision.</p> <p>Please note: this is not a personal training program, orientations will include a basic training program only. Participants must complete the Weight Room Orientation Package and return at the time of booking and payment.</p>	
Individual Sessions	\$
1 - 45 min Orientation	\$10.00

WOMEN WITH WEIGHTS

Get stronger physically and mentally! This small group class will give you the tools and proper training concepts to workout in the weightroom with confidence. Under the guidance of a certified trainer, learn the proper form and technique to build muscle, increase metabolism and improve overall health using resistance machines and weights. Beginner welcome!

WOMEN 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48622	TCC MPR 3	Wed	Jan 7 - Feb 11	7:30 pm- 8:45 pm	\$164.00 6 classes
48623	TCC MPR 3	Wed	Feb 18 - Apr 1	7:30 pm- 8:45 pm	\$164.00 7 classes

BUY A PASS AND SAVE!

Purchase 10 visits or a monthly pass to save on your admission cost. See **page 51** for details or ask at the front desk.



TIMMS COMMUNITY CENTRE 20399 DOUGLAS CRESCENT

FITNESS TRACK

GET FULL ACCESS
WITH A
GAMES & TRACK
PASS \$25/YEAR

OPEN TO EVERYONE. NO LIMIT ON QUANTITY

Get fresh
local
produce
monthly

HEALTHY
LIVING
BAG **\$6**

Pick Up Dates:
JAN 6 • FEB 3 • MAR 3

MUST PRE-REGISTER
604.514.2940



Active Aging

ACTIVAGE FUNCTIONAL MOVEMENT



Functional training focuses on improving activities associated with daily living, strengthening muscles used day-to-day (bending, lifting, stretching). Each class incorporates physical activities that engage participants, and features in-class discussions and resources to improve overall health and physical well-being. Offered in partnership with British Columbia Recreation & Parks Association (BCRPA).

AGES 55+ FOR CHOOSE TO MOVE PARTICIPANTS ONLY

Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
47865	TCC MPR 3	Sat	Jan 31-Mar 28	9:00 am-10:00 am	FREE

MINDS IN MOTION™



Minds in Motion is a fitness and social/activity program for people living with any form of early stage dementia along with a family member, friend or other care partner. This program is offered in partnership with the Alzheimer Society of BC. Gentle exercises are followed by social activities designed to be enjoyed in pairs. Care partners must attend. Registration fees include the cost of the person living with dementia and one care partner.

AGES 30+

Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48418	TCC MPR 2	Wed	Jan 7-Feb 25	10:00 am-11:30 am	\$60.00 8 classes
48419	TCC MPR 2	Wed	Mar 4-Apr 1	10:00 am-11:30 am	\$37.50 5 classes

CHOOSE TO MOVE



Are you an older adult who is looking for support to get physically active? Join Choose to Move to help introduce the habit of physical activity into your daily life in ways that make sense for you. Choose to Move is free and flexible, and provides you with motivation and support to become more active.

In Choose to Move, you receive both individual and group support. You will work with a trained activity coach to develop and stick to a physical activity plan made just for you. You choose activities that you know you will enjoy and are able to do! You will also join a group of other Choose to Movers to share successes and challenges. With the help of your activity coach and support group, you will find the motivation and accountability you need to achieve your goals. Offered in partnership with BCRPA.

Participants must attend the information session in order to be eligible to register for Choose to Move.

MANDATORY INFORMATION SESSION

Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
47863	TCC MPR 2	Sat	Jan 17	11:30 am-12:30 pm	FREE

Code	Location	Day(s)	Date(s)	Time	\$
47864	TCC MPR 2	Sat	Jan 31-Mar 28	11:30 am-1:00 pm	FREE

Oh no! We had to cancel.

To ensure that the courses you are interested in don't get cancelled, please register at least one week in advance of the start date.

Register early to get your spot!



Fall Prevention & Mobility Classes

FIT FOR LIFE

An advanced program designed for those who have completed the osteofit training or are actively mobile and regular exercisers. Following a low impact cardio warm-up, participants will be led through a variety of strength and balance training using various equipment and body weight exercises. This class involves mat work therefore participants must be comfortable getting to and from the ground. Flexibility training and relaxation techniques are also part of the fun!

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$(+gst)
47867	TCC Fitness Rm	T/Th	Jan 6- Jan 29	10:00 am- 11:00 am	\$56.00 8 classes
47868	TCC Fitness Rm	T/Th	Feb 3- Feb 26	10:00 am- 11:00 am	\$56.00 8 classes
47869	TCC Fitness Rm	T/Th	Mar 3- Mar 26	10:00 am- 11:00 am	\$56.00 8 classes

STAND STRONG

Did you know that falls are the number one cause of injuries for Canadians 65 years and older? Regardless of your age, building these simple exercises into your daily routine will help reduce your risk for injury due to falls. In this small group class you will work alongside our exercise specialist to improve your balance, mobility and strength so that you can continue to stay independent and get the most out of life. Exercises may be done seated or standing. This class is suitable for those using mobility aids such as walkers or for those who can walk independently but may be at risk for injury due to osteoporosis or arthritis conditions.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$(+gst)
47870	TCC MPR 3	T/Th	Jan 6- Jan 29	12:45 pm- 1:30 pm	\$68.00 8 classes
47871	TCC MPR 3	T/Th	Feb 3- Feb 26	12:45 pm- 1:30 pm	\$68.00 8 classes
47872	TCC MPR 3	T/Th	Mar 3- Mar 26	12:45 pm- 1:30 pm	\$68.00 8 classes

Yoga & Pilates

CHAIR YOGA

This gentle form of yoga is practiced sitting on a chair or standing and using a chair for support. Chair yoga is a great form of exercise for everyone as it deepens flexibility and strengthens body awareness no matter what your age or ability level. This is an all-level class appropriate for those who have never taken a yoga class before as well as experienced practitioners. Our certified yoga instructor will help find modifications so that every pose can work for you. Deep breathing will be paired with movements to relax the body, increase your mindfulness and awaken the mind-body relationship.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
47873	TCC MPR 3	Tue	Jan 6-Feb 24	11:30 am-12:30 pm	\$66.00 8 classes
47875	TCC MPR 3	Th	Jan 8-Feb 26	8:30 am-9:30 am	\$66.00 8 classes
47874	TCC MPR 3	Tue	Mar 3-Mar 31	11:30 am-12:30 pm	\$41.25 5 classes
47876	TCC MPR 3	Thu	Mar 5-Apr 2	8:30 am-9:30 am	\$41.25 5 classes

GENTLE YOGA

Gentle Yoga follows the principles of hatha yoga focusing on a healthy mind-body connection but goes through the various body positions (Asanas) at a slower pace with gentle movements and mindfulness. This class emphasizes safety and is open to all levels - beginners welcome! Classes will consist of breathing techniques, strengthening standing poses, floor work, stretching, and relaxation. Participants are encouraged to wear layers and bring a light blanket for the relaxation portion.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48825	TCC MPR 3	Tue	Jan 6-Feb 24	8:30 am-9:30 am	\$66.00 8 classes
47877	TCC MPR 3	Thu	Jan 8-Feb 26	11:30 am-12:30 pm	\$66.00 8 classes
48826	TCC MPR 3	Tue	Mar 3-Mar 31	8:30 am-9:30 am	\$41.25 5 classes
47878	TCC MPR 3	Thu	Mar 5-Apr 2	11:30 am-12:30 pm	\$41.25 5 classes

GET ACTIVE PASS

\$30 for 30 days

SIGN UP STARTING DEC 3

By phone: 604.514.2940

Online: langleycity.ca/register

In person: Timms Community Centre

Valid from January 2 - January 31 only.

Kick off the new year with the Get Active Pass - your all-access ticket to 30 days of fitness for just \$30! Enjoy unlimited entry to participating activities and classes all January long. Whether you're starting fresh or getting back into a routine, the Get Active pass makes it easy and affordable to move, sweat, and feel your best!

What's included:

- Single Session sports
- Single Session fitness
- Weight Room
- Games Room
- Fitness Track
- Early Years Playtime



Yoga & Pilates

PILATES MAT CLASS

Challenge your body and mind with pilates mat classes. This program will introduce basic pilates movements for beginners along with more challenging exercises for those with Pilates experience. Choose your level! Build core strength while improving your balance and posture. Participants must be comfortable getting to and from the mat.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48425	TCC MPR 3	Thu	Jan 8-Feb 26	4:45 pm-5:45pm	\$84.00 8 classes
48426	TCC MPR 3	Thu	Mar 5-Apr 2	4:45 pm-5:45 pm	\$52.50 5 classes

PILATES MAT CLASS: BEYOND THE BASICS

Wake up and recharge with this dynamic small group class. Using a variety of props including: pilates rings, balls and straps, participants will build on the basic pilates techniques with more challenging movements at a faster pace. Traditional pilates is infused with barre and yoga poses for the ultimate full body workout. Participants must be comfortable getting to and from the mat. Previous pilates experience is recommended.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48421	TCC MPR 3	Wed	Jan 7-Feb 25	8:45 am-9:45 am	\$84.00 8 classes
48422	TCC MPR 3	Wed	Mar 4-Apr 1	8:45 am-9:45 am	\$52.50 5 classes

MINDFULNESS & GENTLE MOVEMENT

Participants will be guided through a variety of mindfulness practices and gentle movements to help calm the mind and body while bringing awareness to the present moment. Gentle movements will include range of motion, flexibility and balance exercises to increase strength and overall well-being. Both standing and sitting exercises will be included.

AGES 18+					
Code	Location	Day(s)	Date(s)	Time	\$ (+gst)
48620	TCC MPR 3	Sat	Jan 24-Feb 28	1:15 pm-2:15 pm	\$63.00 6 classes
48621	TCC MPR 3	Sat	Mar 7-Mar 28	1:15 pm-2:15 pm	\$42.00 4 classes





ALL
AGES

Community Events

Events

What's happening around town

Click here for full events calendar
JANUARY to MARCH

BC FAMILY DAY

February 16

Timms Community Centre

Join us at Timms Community Centre to celebrate BC Family Day with a day full of fun and activities for families with kids 10 and under. Enjoy bouncy castles, obstacle courses, craft stations, a parent-and-tot play area, and much more. Best of all - everything is free!

COLDEST NIGHT OF THE YEAR

February 28

Salvation Army Gateway of Hope

The Coldest Night of the Year is a winterrific family friendly 2 or 5 km fundraising walk in support of local charities serving people experiencing hurt, hunger, and homelessness.



Call for Performers

APPLY TO PERFORM IN SUMMER 2026

Love sharing your music with the community? Here's your chance! The Sounds of Summer Concert Series brings live music to Douglas Park Spirit Square every Wednesday from June to August, and we're looking for talented artists to join us.

Application Period:

Opens January 19, 2026 at 8:00am

Closes March 16, 2026 at 11:59pm

Eligibility:

- Open to solo artists and bands
- All genres are welcome
- Each performer will play one 60-minute set
- A professional sound technician will be on-site during the concert.
- All submissions will be reviewed, and only selected performers will be contacted.

Event details are subject to change. For the most up-to-date event information, visit [LangleyCity.ca/events](https://langleycity.ca/events)



**SAVE
THE
DATE**

**FEB
16**



FULL EVENT INFORMATION AT [LANGLEYCITY.CA](https://www.langleycity.ca)

CELEBRATE FAMILY DAY AT TIMMS COMMUNITY CENTRE

February 16

FREE FAMILY EVENT

Bring the whole family and enjoy a day packed with fun, laughter, and connection! Our Family Day celebration offers something for everyone:

Exciting Activities: Bounce through inflatable castles, tackle obstacle courses, and explore interactive play zones.

Creative Fun: Visit our craft stations to make something special together.

Parent & Tot Play Area: Enjoy a safe and engaging space for our youngest guests

And More: Surprises and activities for all ages throughout the day.

Best of all, admission is completely free - just come ready to play, create, and celebrate with your community! Join us for an unforgettable day of family fun. We can't wait to see you there!

GET
OUTSIDE



Parks

Parks



Highlights

The City boasts several parks and trails that are sure to thrill any nature lover. The Muckle Creek trail takes you on a fabulous tour of Sendall Gardens. Passing the legacy garden, tropical greenhouse, and water feature. Not only is Sendall Gardens a great place to take a walk, it's a popular setting for engagement and wedding photos. Park access points on 49, 49A, and 50 Avenues.

Brydon Lagoon Nature Trail will take you on a tour of Brydon Lagoon, a magnificent wildlife sanctuary. The trail goes around the lagoon and has connectivity to the Rotary Nicomekl Trail and to Hi-Knoll Park in Surrey. This area is a bird lovers paradise.

Beginning at Buckley park on the western boundary, the Power Line trail follows the BC Hydro right-of-way east through the City and eventually brings you to the Uplands Dog-off Leash Park and the Dog Park Loop Trail at 206 Street.

Help keep our parks clean and beautiful. When you visit a Langley City park, make sure you pack out all of your waste.

Trail Map

AVAILABLE NOW: TRAIL MAP



This pocket-sized pull out map will help you find new adventures in Langley City.

You and your family can explore the various parks, trails and playgrounds by foot, or bike.

Pick one up at Timms Community Centre, Langley City Hall, or **view online.**

Leave a legacy

DONATIONS

If you would like to recognize a milestone in your personal life, honour the memory of a friend or family member or show your community spirit, Langley City accepts donations for parks improvement projects in Langley City. Options include park benches, and trees.

For more information, please contact 604.514.2911.

The scoop on dog poop

PILOT PROJECT

Throwing dog waste in the garbage sends it to landfills, where it releases methane, pollutes the environment and contributes to climate change.

The Dog Waste Bin Pilot Project represents an important step toward more responsible waste management practices and reflects our ongoing commitment to improving service levels in our parks,” says Tara Macrae, Manager of Engineering and Parks Operations. “By addressing dog waste more effectively, we’re enhancing the cleanliness and overall experience of our shared public spaces.”

Cleaner parks, lower costs, and better service
The pilot aims to:

- Reduce the volume and cost of waste disposal in regular garbage bins
- Help keep our parks cleaner by encouraging responsible pet waste disposal
- Reduce environmental impact by separating dog waste from regular garbage bins

New bins installed at four dog off-leash parks and 18 locations within city trails

Specific areas in Langley City were selected due to high volumes of dog waste in garbage bins and the need to encourage proper disposal. Dog owners can find the new bins at the following locations:

Dog off-leash parks:

Linwood Park, 5470 201 Street
City Park, 4949 207 Street
Uplands Park, 4441 206 Street
Brydon Park, 5210 196 Street

Dog owners can also find 18 new bins located throughout Langley City trails.

Amenities list

LET US HELP YOU FIND WHAT YOU ARE LOOKING FOR

Visit our website for a **searchable list of parks** amenities complete with:

- Baseball diamonds
- Basketball
- Community Gardens
- Off-leash areas
- Picnic Tables
- Playgrounds
- Soccer
- Spray parks
- Trails
- Washrooms

Request for Service

FOR NON-URGENT ISSUES IN LANGLEY CITY

Report non-emergent issues in the City, such as fallen trees, overflowing waste bins, or items for park maintenance, using the quick and easy **Request For Service Tool**.




City staff will respond to your request as soon as possible, within business hours.

If this is a public works emergency, please call 604.514.2800.

In the case of injury or immediate danger, please call 911.

REQUEST FOR SERVICE



- | | | | | | | | |
|---|---------------------------------|---|------------------------------|---|--|----|---------------------------------------|
| | Schools |  | Community Parks | | | | |
| A | Alice Brown Elementary | 1 | Douglas Park | D | Timms Community Centre | 4 | Linwood Park |
| B | Blacklock Elementary | 2 | City Park | E | Langley Seniors Recreation and Resource Centre | 5 | Nicholas Park |
| C | Douglas Park Community School | 3 | Sendall Gardens | F | Langley Community Music School | 6 | Nicomelk Park |
| D | Uplands Elementary | 4 | Buckley Park | G | Langley Lawn Bowling | 7 | Conder Park |
| E | Nicomelk Elementary | 5 | Uplands Dog Park | H | McBurney Lane | 8 | Penzer Park & Penzer Bike Skills Park |
| F | Simonds Elementary | | | I | Spirit Square | 9 | Iris Mooney Park |
| G | H.D. Stafford Middle School |  | Recreation Facilities |  | Neighbourhood Parks | 10 | Rotary Centennial Park |
| H | Kwantlen Polytechnic University | A | Douglas recreation Centre | 1 | Portage Park | 11 | Dumais Park |
| | | B | Langley Twin Rinks | 2 | Brydon Park | 12 | Zazulak Park |
| | | C | Al Anderson Memorial Pool | 3 | Hunter Park | 13 | Langley Prairie Neighbourhood Park |

City of Langley Parks Amenities

Parks	Washrooms	Picnic Tables	Playgrounds	Spray Parks	Off Leash Areas	Trails	Community Gardens	Baseball Diamonds	Basketball	Soccer	Other
Brydon Park 198 St. & 53 Ave.	◆	◆	◆		◆	◆		◆	◆		
Buckley Park 196 St. & 48 Ave.	◆		◆			◆				◆	
City Park 207 St. & 48 Ave.	◆	◆	◆	◆	◆	◆		◆		◆	Outdoor Pool, Lacrosse Box
Conder Park 198 St. & 50 Ave.	◆	◆	◆			◆		◆			
Douglas Park 206 St. & Douglas Cr.	◆	◆	◆	◆		◆	◆		◆		Pickleball Courts, Hockey Box
Dumais Park 208 St. & 57 Ave.			◆								
Hunter Park 199 St. & 45A Ave.			◆			◆					
Iris Mooney 209 St. & 47 Ave.			◆								
Langley Prairie 20060 Fraser Hwy.						◆					
Linwood Park 201A St. & Michaud Cr.	◆	◆	◆		◆		◆		◆	◆	
Nicholas Park 209 St. & 50A Ave.	◆	◆	◆	◆							Tennis Court
Nicomekl Park 208 St. & 54 Ave.		◆				◆					
Penzer Park 198C St. & 47 Ave.	◆	◆	◆			◆			◆		Bike Park, Parkour Course, Pump Track
Portage Park 204 St. & 51 Ave.	◆	◆	◆			◆			◆		Euro Court
Rotary Centennial 20869 Fraser Hwy.	◆		◆				◆	◆		◆	
Sendall Gardens 201A St. & 50 Ave.	◆	◆				◆					Tropical Greenhouse
Upland Dog-Off Leash Park 206 St. & 44 A Ave.	◆	◆			◆	◆					

Rotary Centennial, Nicholas Park and Penzer Park washrooms are only open from April to September every year.

Your library has it all.

STEAM learning • ebooks • audiobooks • music • streaming video • and more!

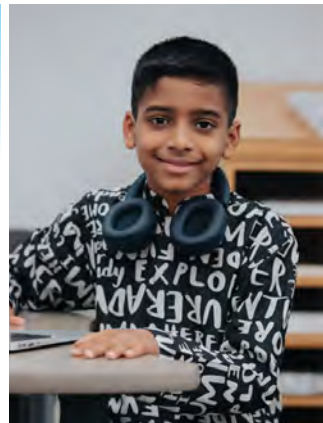


Experience the Playground at FVRL — a collection of innovative items supporting STEAM learning, healthy living and environmental sustainability.



Explore our Playground lending items:

- Air Quality Monitors
- Bat Packs
- Birdwatching Backpacks
- Disc Golf
- Energy Meters
- Gimbal Video Stabilizers
- Nature Packs
- Portable Blu-ray Players
- Puzzle Cubes
- Radon Detectors
- Solar Panels
- Sphero Bolt
- Sunshine Lamps
- Telescopes
- Thermal Leak Detectors
- Ukuleles





ONGOING EVENTS

Titles and Tea Book Club

Third Tuesday of every month, 2 - 3 pm

Join us to discuss this month's chosen work of fiction in a casual and welcoming setting. The library provides the book club set. Light refreshments served and if you would like to join the book club, please talk to our staff.

Langley Weavers and Spinners

**First Thursday of every month,
10:30 am - 1:30 pm**

The Langley Weavers and Spinners Guild meets every month to share their knowledge. New members are welcome.

Babytime

Every Monday, 2 - 2:30 pm

(Except Feb 16 is a Stat Holiday)

Make language fun! Start early with Babytime. Help your baby develop speech and language skills. Enjoy bouncing, singing and rhyming with stories. Babytime is a fun, social bonding activity for babies and caregivers. This program is best suited to children ages 0 to 2. Jan 26 Intro to Baby Signing will be a special Babytime from 2 - 2:45 pm. Looking for more Babytime fun? Check out our on-demand content on Facebook or YouTube.

Storytime

Every Thursday, 10:45 - 11:15 am

(Except Jan 1 is a Stat Holiday, Feb 12 is a Valentine's Day Extended Storytime from 10:45 - 11:45 am)

Introduce kids to the love of books and language with Storytime! Children and caregivers will enjoy interactive stories, songs, rhymes and more. Storytime prepares children to learn to read. Looking for more Storytime fun? Check out our on-demand content on Facebook or YouTube.

LEGO® Club

Every Monday, 4 - 5:30 pm

(Except Feb 16 is a Stat Holiday)

We provide the LEGO, you bring your imagination! Come play, experiment and create. LEGO Club is a fun afternoon program for kids. Drop-in.

Toddler Sensory Play

First Tuesday of every month,

11 am - 12 pm

Awaken your senses and explore with Toddler Sensory Play! All children are welcome best suited for ages 2-4. The themes will be

- January 6 - Under the Sea
- February 3 - Be a storyteller
- March 3 - Springtime surprises

Board Game Night

Last Wednesday of the month, 5 - 7 pm

Calling all Tabletop gamers! Join us at the library to play tabletop games (boardgames, card games, & more)! We will have games like CHESS, UNO, CATAN, and SCRABBLE plus many more! Suitable for most ages 7 and up. Light refreshments & snacks will be provided! Young children must be accompanied by an adult. It is a free drop in event.

SPECIAL EVENTS

Fun with S.T.E.A.M.

Thursday Jan 15 and March 5, 3:30 - 4 pm

It's time to blow off some S.T.E.A.M.! Join us every month for a hands-on activity featuring one of the five S.T.E.A.M. themes: Science, Technology, Engineering, Art and Math. All children are welcome, best suited for ages 7-12.

Creative Writing Circle

Tuesday, Jan 13, 6 - 7 pm

Do you love writing? Or are you interested in starting? Join our Creative Writing Circle where we discuss various writing-related topics, share current works-in-progress, gain inspiration, and write. Light refreshments will be served. Drop in for ages 16+.

Tiny Art Night

Tuesday, Jan 20, 6 - 7 pm

Are you looking to try a new hobby this new year? Try painting on a tiny canvas with us! No need to create a huge masterpiece for a gallery, a small personal one will do wonderfully. Best suited for ages 13+. Registration required.

Crafternoon: Friendship Bracelets

Wednesday, Feb 11, 3:30 - 4:30 pm

Join us for a fun Crafternoon of making friendship bracelets! What better way to show the love you have for your friends than through homemade accessories? Best suited for ages 5+. Children under 10 must be accompanied by an adult. Drop in program while supplies last.

Rom-Com Movie Night

Tuesday, Feb 17, 5:30 - 7:30 pm

Celebrate Valentines this year with us! What better way than with the classic early 2000's rom-com "13 Going on 30"? MPAA rating is PG 13. It is a free drop in program for teens and adults. Light refreshments will be provided. Seating is first come first serve.

Puzzle Cube Challenge

Tuesday March 24, 2 - 3 pm

Come challenge yourself to solve our Puzzle Cubes! If you already know how, use our timing mats to see if you can do it faster. Play with friends or meet new ones. Drop in program. Best suited for ages 5+. Children under 10 must be accompanied by an adult.

Children Book Swap

Thursday March 12, 3 - 4:30 pm

Swap out your spring break reads and trade your old books for new ones! Bring your new or gently used children's books to swap with others. For every book you bring, you can take two different ones home. We have a wide selection of books for children of all reading levels.

Spring Break Craft Day

Wednesday, March 18, 1 - 3 pm

We provide the supplies, you provide the imagination! Join us for an afternoon of creativity with a selection of crafts and activities for all skill levels and abilities. Open to all kids, tweens and teens, best suited for ages 7 and up.

Stay informed of library events, contests, updates, recommendations and more by subscribing to our monthly eNewsletter or following us on Facebook, Instagram and YouTube @ReadLearnPlay.



LANGLEY CITY
RECREATION, CULTURE & COMMUNITY SERVICES

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