



Increase Your Personal Safety

A MESSAGE FROM THE
LANGLEY CITY
CRIME
PREVENTION
COMMITTEE

Increase your Personal Safety!

Reduce the
opportunity for
unwanted interactions
and threats in public
settings including
parks, trails, and
sidewalks.

Steps to Increase your Personal Safety:

- Be **AWARE** of your surroundings at all times and trust your **INSTINCTS**.
- Stay on well lit, populated pathways. Avoid shortcuts.
- Travel in groups. There's increased safety in numbers.
- Walk with your head upright. Make eye contact. Thieves often target victims who are not paying attention.
- Heads up! Phones Down! Don't lose focus of your surroundings - stop texting while walking!
- Share your plans or location with someone you trust, or walk with a friend.

To receive more crime prevention tips & strategies email crimeprevention@langleycity.ca with the subject line "Sign Me Up"